

REFLECTIONS



Football Catches on at SHU!



from the president



The Best Leadership Comes by Serving

Recently, on behalf of Siena Heights University, I had the honor of accepting the 2010 Parthenon Award for Business Leadership from Athena Lenawee, an organization recognizing and celebrating women's leadership.

This occasion allowed me to reflect on my time as President here at Siena Heights, and what leadership has meant to me.

The leadership of the Adrian Dominican Sisters had the vision and sense of mission to found this institution. The university was named in honor of St. Catherine of Siena, a leader in her own time in the 14th century. She assumed leadership roles within the church and within the community both local and beyond.

As we leave our 90th anniversary behind, Siena Heights has since expanded its outreach to lead students from all backgrounds (and genders). I want to share with you what I believe constitutes great leadership and what kind of leadership is needed in our world today:

- I believe servant leadership must be at the forefront. By that I mean that the posture of the leader must be one of servant. There is not room for huge egos to get things accomplished. A servant leader listens to those with whom they work and collaborates in order to initiate new things. In some ways a servant leader is really a follower because the voices of others play a pivotal part in the role of the leader.
- Leaders must be constantly in tune with what motivates them. For me, and for many of us at Siena, our motivation comes from our God, who encourages us to do good things, to build up individuals and the community through our mission, which is primarily education.
- Leaders must constantly recognize others and their gifts that build up the community. Some leaders think that by recognizing others they become less themselves. This is so far from the truth. When recognizing others, we are more connected, more interdependent so the whole community flourishes.
- And lastly, I would like to mention relationships. Of course, all life is relational, and therefore, leadership is relational. No leader can lead alone, no leader can survive alone and no leader can be effective alone. How we lead, who we lead and why we lead can only be born of relationships.

I could probably go on talking about leadership and many of its qualities, but the way we influence the lives of others in positive ways is what will ultimately define us as good leaders.

Let me share this story with you: At the beginning of the past academic year, a faculty member noticed one of our students was having a difficult time. Something just wasn't right. So she invited this student to come into her office and talk.

He finally opened up and shared that he didn't have any place to live. His mother recently moved to the south and he was living in a different home every night with friends. He was finding this difficult. She also discovered he rode his bike to Siena every day and was just recently hit by a car. The professor was concerned about this student so she sent him to see Dean for Students Trudy McSorley. After talking with the student, Trudy called me, and a few minutes later she arrived at my office and told me this student's story. I said to her that he needed to be with us. So we put him in the residence hall and figured out the finances later. A few days later I attended performance by our theatre department, and who did I see up on the stage? The young man who had experienced so many difficulties.

I tell you this story for this reason: Leadership has no boundaries. It is not defined by role but rather by the character of the person. If that professor did not have the insight to approach that student, if Trudy didn't take the time to listen to the student, I wouldn't have had the opportunity to offer a solution.

Leaders do what must be done to enter into people's lives in meaningful ways. That has been my rationale behind all the decisions that have been made during my time at Siena, including the recent decision to begin a football program, which is described in greater detail in this issue of *Reflections*.

Siena Heights will continue to provide leadership, but only with your help and support.

Sister Peg Albert, OP

Sister Peg Albert, OP, PhD
President

REFLECTIONS

on the inside . . .

SUMMER 2010

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The mission of Siena Heights, a Catholic university founded and sponsored by the Adrian Dominican Sisters, is to assist people to become more competent, purposeful and ethical through a teaching and learning environment which respects the dignity of all.

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On the Cover

SHU President Sister Peg Albert, OP, PhD, announced May 3 that Siena Heights will begin a football program in the fall of 2011. She also introduced new head football coach Jim Lyall, who will begin the Saints' football tradition.

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from the editor



Saints Score with Football in More Ways than One

“So, when is Siena Heights starting football?”

If had a dollar for each time I have been asked that question since my time at Siena Heights, we would already have our outdoor performance stadium built.

Seriously, though, in the spirit of full disclosure, it was a question I’ve even asked myself from time to time, but knew there were some very legitimate reasons why the answer had to be “not now.”

Obviously, that question has recently been answered, and the many reasons for that answer are detailed in this issue of Reflections. If you haven’t heard the news, football is indeed coming to Siena Heights University.

As a member of the Football Task Force organized to look at all the factors in beginning a college football program, I had the privilege of having a front row seat in the discussion. I knew going into the process that it would be more than just a “numbers game.” Besides the boost in enrollment, there were so many other things to consider, from how it would impact student life to the changes that needed to be made on the academic side to how it would affect Homecoming. It was truly an educational experience on many levels.

Ultimately, however, the decision came down to what it always does at Siena Heights University: the mission. Did football fit the mission? Sister Peg challenged us to first answer that question, and if the answer was yes (and, in the Task Force’s opinion, it was), then the decision process could move forward.

Although the support from the Siena community was significant, make no mistake, this was not a “done deal.” I give Sister Peg, our administration and our Board of Trustees tremendous credit for even considering this venture. Given our area’s current economic climate and the trend for higher education to scale back rather than spread its wings, this was indeed the kind of “bold” move Sister Peg promised when she arrived as President in 2006.

Football, if you haven’t noticed, is a bit different from other college athletic programs in its scope and influence. That can be both good and bad, depending on how an institution manages it. And from early indications, it will be a very good thing for Siena Heights.

For starters, new head football coach Jim Lyall is absolutely perfect for the job. As in most any new venture, having the right person in place makes all the difference. Spend a minute talking with him and you’ll know what I mean.

Besides all the new students and opportunities football will bring, it will also add a new level of excitement to campus. It already has. In fact, the Lenawee community may be just as excited as we are at Siena. I know I can’t wait for the first football tailgate party. And the first “Touchdown, Saints!” exclamation from the public address announcer.

To quote the famous philosopher Hank Williams Jr., “Are you ready for some football?”

Next fall can’t come fast enough.

Doug Goodnough
Editor

from the heights

Siena Heights Professor Receives Nursing Honor



Siena Heights University Associate Professor of Nursing Sister Sharon McGuire, OP, PhD, was one of the new Fellows inducted at the annual clinical conference of the American Academy of Nurse Practitioners on June 23 in Phoenix, Ariz. Sister Sharon has been a board certified Family Nurse Practitioner since 1989. She has worked with a Latino population on the US-Mexico border, developed the Family Nurse Practitioner program at the University of Texas at El Paso, and has participated in international health service trips with nursing and nurse practitioner students. She currently teaches in the RN-to-BSN and the Pre-Licensure nursing programs at SHU. The FAANP program was established in 2000 to recognize nurse practitioner (NP) leaders who have made outstanding contributions to health care through NP clinical practice, research, education or policy.

Nursing Program Gets Five-Year Accreditation

This spring the Siena Heights Nursing program recently received a five-year accreditation—the best a new program in baccalaureate or graduate nursing education can receive—from the Commission on Collegiate Nursing Education. In fact, the program was found in “perfect compliance” with all elements relating to accreditation. “I am unbelievably humbled and honored that Siena Heights University Nursing is fully accredited by the Commission on Collegiate Nursing Education,” said SHU Director of Nursing Dr. Sue Idczak. “This organization represents the highest standards required in baccalaureate and graduate nursing education.” Siena Heights Nursing met all four standards, including 26 key elements, with no compliance issues. “This is a remarkable accomplishment for Sue and Siena Nursing,” said SHU President Sister Peg Albert, OP, PhD. “To receive this level of accreditation shows the amount of hard work and dedication involved in completing this process. Sue and her faculty, as well as Sister Sharon Weber, our vice president

of Academic Affairs, should be commended for their efforts.” SHU Nursing offers both the BSN pre-licensure program and the RN to BSN degree completion program. Siena Heights was approved in 2008 to educate licensed registered nurses to complete the Bachelor of Science in Nursing degree, with the first pre-licensure BSN students beginning classes in January 2010. All SHU Nursing faculty hold Master of Science in Nursing degrees, and two faculty are PhD prepared. “A five-year accreditation is exceptional for the first evaluation,” Dr. Idczak said. “SHU Nursing is so grateful for the support from our entire SHU community, as well from as the Adrian Dominican Sisters, the Board of Trustees, Nursing Advisory Board members and the Lenawee County health care community.”

SHU Professor Helps Launch Electronic Literature Directory



SHU Associate Professor of English Davin Heckman, the leader of the editorial working group for the Electronic Literature Organization, recently helped to launch the ELO's directory (version 2) <http://directory.eliterature.org>. The project has been under development for years, with Heckman being named the leader of the editorial working group last fall to manage the development of content for the directory. He also worked with a smaller group of editors, designers and ELO board members on general planning. Last winter, he piloted a project to use the ELO platform in courses on electronic literature, and the directory currently features content written by Siena Heights students, including Hillary Day and Audrey Kutz. He headed to Brown University this summer with other members of the working group to present the directory at the ELO's Archive & Innovate Conference. The Electronic Literature Directory is a collection of literary works, descriptions and keywords. Both a repository of works and a critical companion to e-literature, the ELO hosts discussions capable of being referenced and revised over years of use.



SHU Chapel Renamed to Honor St. Dominic

As part of its 90th anniversary celebration, Siena Heights University officially renamed Lumen Ecclesiae Chapel to St. Dominic Chapel during its annual Honors Convocation April 30, 2010. This chapel, built and dedicated in 1955, was named for St. Dominic, the founder of the Dominican order. At the time of the building of this chapel, Latin was the common language in Catholic Church celebrations and prayers. That is why this chapel was named Lumen Ecclesiae, which is Latin for “Light of the Church,” one of St. Dominic's many titles. However, in more recent years, English has been the common language of prayer for in the U.S. Because of this, it was decided to formally identify the chapel by the name of St. Dominic. To celebrate the renaming, the chapel was blessed in a special ceremony during Honors Convocation. In the top photo above (**from left**) are Sister Nadine Foley, OP, student Ryan Hansinger, President Sister Peg Albert, OP, and student Allison Septer unveiling the new sign officially renaming the Siena Heights chapel.



Outstanding Student Awards Announced

Siena Heights seniors Hillary Day (**above left**) and April Klann (**above right**) were named the Outstanding Undergraduate Student Award winners at the annual Honors Convocation April 30 in newly rededicated St. Dominic Chapel. Day, an English/Communications major from Jackson, Mich., will attend Cooley Law School next fall. Klann was one of the first graduates of SHU's RN to BSN program and is employed as a full-time nurse. Religious Studies faculty member Joseph Raab was selected for the Eileen Rice Award for Outstanding Teaching, while student Kathleen Gaddy was selected for the St. Catherine of Alexandria Award. Nursing instructor Kelli Kusisto received the Jack Bologna Award for Innovative Teaching, with Director of Nursing Dr. Sue Idczak and Jackson Center Assistant Director Lesley Weidner presented with the Staff Excellence Award. Named Professors Emeritae for 2009–10 were retiring faculty members Carlene Palmer and Thomas Radecki. Retiring faculty members Nancy Seligmann and Marina Valdez were also recognized for their years of service.



Cardinal Stritch and SHU Form Partnership

A partnership agreement between Toledo (Ohio) Cardinal Stritch High School and Siena Heights University (**photo above**) will allow qualified CSHS graduates to receive a guaranteed minimum of \$5,000 in financial aid and additional dedicated scholarship commitments. Under the partnership that runs until Sept. 1, 2014, Cardinal Stritch students who attend Siena Heights on a full-time basis following their high school graduation are eligible for several designated scholarships, including two Trustee Scholarships (\$10,000 per student per academic year), five Presidential Scholarships (\$8,500), five Dean's Scholarships (\$6,000) and five Siena Honor Scholarships (\$4,000). There are also Siena Catholic High School/Parish Grants (\$1,000) for qualified students attending directly from CSHS. For students who do not qualify for any above listed merit scholarships, a guaranteed minimum amount of \$5,000 in Siena Heights institutional financial aid is available for any qualified CSHS graduate as long as admissions criteria are met. The amount is inclusive of athletic grants.

Professor of Philosophy Releases Book on Ethics



SHU Professor of Philosophy Dr. Tad Dunne recently released his new book, *Doing Better: The Next Revolution in Ethics*. *Doing Better* is a unique book which, drawing on the

generalized empirical method of Bernard Lonergan, attempts to provide a fresh approach to ethics. Dunne asks his readers to engage in a number of exercises aimed at allowing them to discover for themselves what the character of moral judgment really is and the ways in which their own consciousness of moral judgment can be used as the foundation for moral theories and categories. Using this method one learns how to evaluate and critique moral theories of the past, present and future, as well as how to engage in fruitful dialog and collaboration on matters of ethics and morality. Dr. Dunne teaches in SHU's Distance Learning program as well as at its Metro Detroit program.

Mission Trip to Jamaica Leaves Lasting Memories

Hairpin curves on the narrow road winding up mountains to St. John Bosco School for Boys in Jamaica didn't deter 14 volunteers from Siena Heights University. They spent nine days in May on a service trip at the school, run by the Sisters of Mercy, and they are still processing the experience. The students called the trip and their interaction with the boys "life-changing," "heartwarming" and "humbling." Jessica Singletary, one of the volunteers, said, "My experience at St. John Bosco will forever stay with me." Added student Bobbi Hill, "We came with nothing, but left with great memories." Joining organizer and SHU staff member Rachel Duff Anderson on the trip were her brother Nate, husband Dave, faculty members Lisa Richman and Mercy Sister Pat Schnapp, and SHU students Julie Mann, Bobbi Jo Hill, Susan Palushaj (**photo below**), Alan Marine, Jessica Dehn, Jessica Singletary, Sammi Jo Hill and Kim Stoutenburg. Mercy Sister Brenda Brady from Cincinnati, Ohio, who was missioned to Jamaica for several years, also joined them. The volunteers worked on a variety of projects, from painting and tutoring to recreating with the boys during free time. Popular with both the Jamaicans and Americans was soccer. The students ended their stay by performing in a variety show. Sister Pat said that, judging by the hilarity it produced, it was a "huge success." The school, usually called simply "Bosco" and located near Mandeville some 2,500 feet above sea level, is home to 160 orphaned, abandoned and delinquent boys aged 8-18. The older ones have the opportunity to learn the trades of cooking, catering, and butchering, and they prepared and served the meals to the volunteers. Susie Palushaj, calling the trip an "awesome experience," summed up a commonly expressed sentiment: "I have so much more appreciation for everything and everyone in my life. I would go back in a heartbeat."



Bishop Boyea Visits SHU

The Bishop of Lansing, the Most Rev. Earl Boyea, pictured (**below**) with SHU President Sister Peg Albert, visited the Adrian campus on April 29 to help celebrate the feast of St. Catherine of Siena, the patroness of SHU. His visit also included leading Mass in St. Dominic Chapel.



Siena Students Honored for Community Service

Five Siena Heights students were honored for their dedication and commitment to community service by the Michigan Campus Compact during the 14th annual Outstanding Student Service Awards April 10 at the Kellogg Hotel and Conference Center in East Lansing, Mich. Each year, MCC awards students from member colleges and universities across the state for their outstanding commitment to service-learning and civic engagement. Stephanie Blumenau, a junior from Brighton, Mich., received the Commitment to Service Award. This award is given to one student per member campus in the state for their commitment to community service. SHU's Kathleen Gaddy, Ryan Gudenau, Jessica Slusher and Lauren Tuxbury received the Heart and Soul Award. This award is given to students to recognize their time, effort and personal commitment through service. The Michigan Campus Compact is a coalition of college and university presidents who are committed to fulfilling the public purpose of higher education.

Siena Heights Wins Organ Donor Challenge

Siena Heights University won the Michigan Organ Donor Registry's Gift of Life Challenge for the second consecutive year, having the highest percentage of its student population sign up during the seven-week campaign. SHU had 10.5 percent of its students sign up to become organ, tissue and eye donors, earning it the trophy. The Gift of Life Campus Challenge is one of the most successful organ donation college outreach programs in the nation. A total of 2,063 from 17 Michigan colleges and universities signed up, with Eastern Michigan having the most with 405. Siena Heights had 118 sign-ups, which was seventh overall.



Prominent Theologian Speaks at Siena Heights

One of North America's most insightful theologians was the featured speaker at the 9th annual Chiodini/Fontana Lecture Series on Ethics March 17 on campus. Father James Bacik (**above**), pastor of Corpus Christi University Parish in Toledo, Ohio, spoke on the topic: "Catholic Social Thought: Recent Contributions by Pope Benedict." Father Bacik is the author of eight books and numerous articles on theology, campus ministry and his pastoral work. Named in memory of Emilio Chiodini and Mildred Fontana, parents of Siena Heights friend Catherine Reuther, the endowed lecture series was established to give students and the community an opportunity to reflect on matters of moral significance affecting today's society. The series explores theoretical issues in ethics, current issues of moral importance and the nature and meaning of Catholic identity.

Michigan Public Radio Honors Robert Gordon



This spring University of Michigan Public Radio displayed a sample of images and edited transcripts from SHU Director of the Library Dr. Robert Gordon as part of its Michigan Radio Picture Project. To be included in the series, the images needed to be part of a series, Michigan-related and high-quality work.

New Assistant Director at Benton Harbor Center



LeAnn Krokker was recently named the new assistant director at SHU's Lake Michigan College center in Benton Harbor. For the last 10 years Krokker served as lead social studies teacher

for grades 6-8 at St. Joseph's Trinity Lutheran School. Prior to that she served as principle marketing officer at both bank and holding company levels for what is now Fifth/Third Bank. She earned her bachelor's degree in 1990 from Siena Heights and her master's degree in middle school education from Grand Valley State University in 2007. She and her husband, Gary, have two children.

Athena Lenawee Honors Siena Heights University

Athena Lenawee, an organization recognizing and celebrating women's leadership, honored Siena Heights University with its 2010 Parthenon Award for Business Leadership. The criteria for the Parthenon Award include providing a culture "that allows women to reach their full leadership potential." SHU President Sister Peg Albert, OP, PhD, accepted the award on behalf of the University (photo below) at an awards ceremony held May 12 in Ruekert Auditorium.



Peter Barr Lectures on the History of Adrian



SHU Professor of Art History Peter Barr presented a lecture April 17, at the Crowell House in Adrian. The title of the talk was "History Detective: Why the Comstocks Named Their Settlement

Adrian." The event was co-sponsored by the Lucy Wolcott Barnum Chapter of the National Society Daughters of the American Revolution, who have preserved Michigan Governor Charles Crowell's home as its chapter house. He also had an article published in the February 2010 issue of the periodical *History of Photography*, pages 43-59. This is a peer-reviewed, scholarly journal published quarterly by Taylor & Francis, Abingdon, UK. His article was titled "The Reception and Sources of Berenice Abbott's Paris Portrait Style, 1925-1929."

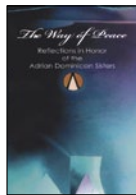


Art Department Hosts Printmaker and Designer

The Griffith Visiting Artist Series and the Siena Heights University Art Department hosted visiting artist John Bergmeier (above right) April 13-16. Bergmeier, a printmaker and designer, conducted free demonstrations all week for the Siena community, including a free t-shirt printing project.

Faculty Members Edit Book Honoring Adrian Dominican Sisters

A new book "The Way of Peace: Reflections in Honor of the Adrian Dominican Sisters," edited by SHU faculty members Joe Raab and Ian Bell, was recently released and is now available in the SHU Barnes & Noble Bookstore for \$8. The book includes reflections from many people whose lives have been enriched by the work of the sisters, including Timothy Radcliffe OP, Garry Wills, Archbishop Wilton Gregory and many others.



Dr. Anne Hooghart Hired as New Dean for the Graduate College



Dr. Anne Hooghart began June 16 as Siena Heights' new Dean of the Graduate College. She replaces Patrick Palmer, who will continue his responsibilities as SHU's Vice President for Enrollment. Since her arrival at Siena Heights in 2004 as an assistant professor, Dr. Hooghart has directed the master's and specialist's degree programs in graduate teacher education and educational leadership.

According to SHU Vice President for Academic Affairs Sister Sharon Weber, OP, PhD, Dr. Hooghart's commitment to quality education, the professional development of teachers, continuous improvement and the expansion of language and culture education in the U.S. and beyond have been important assets to the teacher education program. Dr. Hooghart earned her bachelor of arts degree in Asian Studies in 1989 from the University of Michigan. She completed her master of arts degree in Japanese Studies (with business, education and linguistics concentrations) from U of M in 1995 and her Ph.D. in Comparative Education from Michigan State University in 2005.

Dr. Hooghart has taught at all levels, from kindergarten through graduate college, in the U.S. and Japan, and has also served as a consultant and trainer for Japanese businesses in the U.S. She has taught current and aspiring educators for almost 10 years, including the last six at Siena Heights. She served as secretary and president of the Japanese Teachers Association of Michigan (JTAM), and has been a member of the Michigan Foreign Language Association (MFLA), the Comparative and International Education Society (CIES), American Educational Research Association (AERA) and the Battle Creek Area International Relations Committee.

Author Gregg Milligan Signs Book on Campus

Siena Heights University's 90th Anniversary Committee presented "A Beautiful World: The Gregg Milligan Story," discussion and book signing April 23 in Dominican Hall. Internationally known child abuse prevention advocate and author Gregg Milligan recently released the book, "A Beautiful World," detailing his childhood of abuse where he overcame many obstacles, including illiteracy. The 1985 Siena graduate, who appeared on the "Oprah Winfrey Show" on Feb. 15, 2010, discussed his past as well as his incredible triumph over that past.

Siena Nursing Program Conducts First Pinning Ceremony for Graduates

Siena Heights University Nursing conducted its first pinning ceremony April 23 in Holy Rosary Chapel on the campus of the Adrian Dominican Sisters (photos below). The first RN to BSN cohort graduated May 9. This class had the privilege of helping to design the pin that will be used in future pinning ceremonies. Siena President Sister Peg Albert, OP, PhD, Director of Nursing Dr. Sue Idczak and RN to BSN student Deborah Kemper each offered their reflections during the program. Father Thomas Helfrich and Father Bob Kelley conducted the "blessing of the hands" ceremony, following by the pinning ceremony. After the ceremony was completed, there was a reception in the Nursing Building.



Also, two RN to BSN graduates received Nursing Division Awards. April Klann received the Catherine of Siena Nurse Award, given annually to a graduating Registered Nurse student and a graduating pre-licensure student. Named for Catherine of Siena, the patron saint of nurses; the awardee demonstrates the qualities of Catherine: her devotion to the sick, especially the hospitalized ill and the poor; her tireless work; her sensitive heart and deep compassion for those who are suffering; and her courage to speak the truth, particularly to those in positions of power. The Catherine of Siena Nurse demonstrates the Dominican values of study, prayer, contemplation/reflection and preaching/service.

Deborah Kemper received the Academic Scholarly Nursing Award, which is given annually to a graduating Registered Nurse student and a graduating pre-licensure student. The awardee earned one of the highest Grade Point Averages (GPAs) of the students in his/her cohort. The awardee demonstrates outstanding critical thinking; clinical reasoning; scholarly academic writing, leadership, and application of evidenced based research into nursing practice.

This issue introduces a new series that highlights individual examples of the Siena Heights brand, “Opportunity U,” and how the university’s mission is transforming the lives of our students as well as the world around us.



OPPORTUNITY **U**

SIENA HEIGHTS UNIVERSITY

Mission Accomplished Series

Belief System

By Doug Goodnough

Investment Pays off for McNair Program Graduate Nick Frost '10



Enough people believed in Nick Frost '10 to eventually help him believe in himself.

As a local youth who grew up in the shadow of Siena Heights University’s campus, Frost was looking in another direction when he graduated from Adrian High School in 2005.

“I wanted to play basketball in college, but I applied for a loan and was denied,” Frost said of his initial hoop dream plan, which didn’t include Siena Heights.

He and some high school buddies decided instead to attend Jackson Community College—but not to play basketball. His new game plan was to complete his classes at JCC and hopefully attend an Ivy League school. Although his grades were good, Plan B also didn’t work out.

What was working out, however, was his involvement with the local Boys and Girls Club. He first started attending the club as an eighth-grader, and became such a fixture that he began working there at age 16 through a special program.

When he turned 18, he became the youngest person ever hired by the club as a full-time staff member. However, his continued employment at the club meant he had to look nearby to continue his college education.

Enter Siena Heights. More specifically, SHU President Sister Peg Albert. Frost was one of the speakers at a club event Sister Peg attended, and he left a lasting impression on her.

“She called one of our board members and told her that she would help me financially in order to go to a four-year school,” Frost said. “At the time, what I was doing with the (club) staff members was to scramble and figure out ways to find funding and grants and loans to go to any four-year school. She said she would help bear the brunt somewhat financially if I came to school here. That was really something that encouraged me to keep going.”

Frost, a psychology major, got the college opportunity he was looking for, and has made the most of it. He graduated in May with a 3.3 grade point average, and was a Dean’s List student his final three semesters at SHU.

He also participated in the Ronald McNair Post-Baccalaureate Achievement Program, a federally funded program designed to encourage eligible students from low income and first generation families to pursue graduate studies leading to the completion of a doctoral degree. In fact, the McNair program helped him receive a full tuition and stipend fellowship to attend the University of Wisconsin-Madison next fall to pursue his doctorate in one of the top psychology graduate programs in the country.

“I had heard about the McNair program when I was at JCC,” Frost said. “It turned out that one of my mentors when I was at the Boys and Girls Club was a McNair scholar. He started telling me about it, and it sounded like a good idea.”

He said McNair Director Dr. Patricia Wallace provided the necessary encouragement to join—and complete—the rigorous program.

“She encouraged me and gave me a goal,” Frost said. “McNair really gave me something to strive for. I could have floundered around and took some classes here and there just to get my GPA up, ... but I knew I had to finish.



And Dr. Wallace wasn't going to have it if I was just taking random classes."

Another added benefit Siena Heights provided was a chance to experience campus life. Additional financial support from community members allowed him to live in the residence halls, which he said has enriched his educational experience.

"It was a different atmosphere compared to JCC," Frost said. "It felt like I was getting that college experience I kind of felt like I was deprived of."

He said although he didn't know many of the students at Siena Heights, he was familiar with some of the faculty, which made a big difference in his move to a four-year environment.

"The fit with Siena, as far as being able to meet with professors, know them on a first-name basis before I came, made me a lot more comfortable with the transition," Frost said. "(Faculty) would talk with me. They would also take time out from whatever they were doing to talk to me. I liked that a lot."



To prepare himself for graduate school, Frost completed a research internship at Wisconsin-Madison last summer, and continues in his role this summer as a staff member at the Boys and Girls Club (above).

"I've done pretty much every job you can do," Frost said of his club duties. "The thing I enjoy the most about it is building relationships with the kids. When you walk in, you are strangers to them and they are strangers to you. And after a week, you build bonds with them really quickly. The most effective part of the club is kids really do change. It's not big, huge changes, but incremental changes. ... But first you have to build that relationship with them."

Ironically, Frost said he probably does not want to work with children during his psychology career. "I just enjoy being with kids too much," he explained. "There's a lot of tragic stories you might hear, and I don't know if I could handle it (as a counselor)."

After completing his PhD, he plans on entering psychological counseling/therapy, or perhaps conducting research or teaching. Whatever his future brings, he said he can't wait to begin his next educational challenge in August.

"I'm in the best possible position I could be in, and that's thanks to in large part to everybody in the community," Frost said. "The more people invested in me, the more pressure I felt to be successful and push myself. So many people have invested in me, and I don't want to let them down."

"I'm excited about the future. A little scared, too. But they say life begins at the end of your comfort zone." ♦



Call to Action

By Doug Goodnough

SHU Student Char Goolsby Lends a Helping Hand in Haiti



Char Goolsby just had to do something.

Like probably many other Americans, the 45-year-old resident of Southfield, Mich., and a student at Siena Heights University's Metro Detroit Center was watching the devastation of January's earthquake in Haiti unfold from her bedroom via cable television news.

She had no special connection to the Caribbean island nation. No family or friends involved. But that didn't matter.

"They are human being like you and I," she said. "A friend of mine who is a flight attendant called me and said, 'Do you see what's going on in Haiti? We've got to do something,' I said, 'What?'"

Nearly six months later, that "something" turned out to be an ongoing relief effort she said has become a new calling. As a corporate trainer who also works part-time at an airport, Goolsby said that unique combination allowed her to speed the delivery of vital supplies to Haiti.

Goolsby and friend Liscious Williams took their initial trip to Haiti just days after the earthquake hit. Lugging eight suitcases and a couple of boxes full of supplies like cotton swabs, deodorant, peroxide and toothpaste, the pair used their airport connections to get themselves and their cargo on a flight to the Dominican Republic. At first, they had no way of getting to neighboring Haiti until Williams had a chance encounter with an employee at a local FedEx store who eventually connected them to a Haitian man named "Ralph."

"We didn't know him from a bucket of paint," Goolsby said of their guide, who met them in Santo Domingo and then navigated them through nearly seven hours of horrific mountainous roads until they arrived in the Haitian capital of Port au Prince. "We were driving through the mountains, through the hills, all at night. When I look back on it, we really should have been afraid. But we weren't. I just had a peace about the whole thing."

Goolsby was then introduced to the devastation that attacked all of her senses. Houses and buildings in complete ruin. Bodies hanging out of buildings. People sleeping in the streets, utterly terrified to return to their homes for fear of another quake.

“We were just trying to help any way we could,” Goolsby said. “The smell of death that everyone talks about, you can’t wrap your mind around. ... It’s very distinctive. ... It’s a smell that every time I talk about it, I can almost taste.”

Goolsby’s group traveled around the city delivering supplies to makeshift hospitals and orphanages. But the gravity of the situation did not hit them until they were returning home.

“It did not hit me until I was on the way back (to Michigan),” Goolsby said. “We kind of looked at each other and said, ‘What did we just do?’ Anything could have happened. God is so good, because whatever fear or trepidation was there, He took it away.”

When they returned to Michigan, they also realized they had to do more.

Right: Char Goolsby and friend Liscious Williams deliver tents and vital supplies to survivors of the devastating earthquake in Haiti.

Below: As the tents arrived in Haiti to provide much needed shelter, Char began her goal of creating the tent city she calls “The City of Hope.”



“A friend of mine who is a flight attendant called and said, ‘Do you see what’s going on in Haiti? We’ve got to do something.’

... I said, ‘What?’”



Goolsby said the next goal was to supply tents for 50 families. Although she had enough donations to buy the tents, delivering them to Haiti proved to be costly. “We raised some money, but it wasn’t nearly enough to help us,” she said.

Goolsby and Williams, because they could fly at a reduced rate, decided to take turns to personally deliver the tents to Haiti. Goolsby delivered and erected six tents on her second trip, including those donated by SHU’s Metro Detroit Center.

“We took the larger tents first, and some of the smaller tents next,” Goolsby said. “Forty-two children are now not in the rain. I’m excited about that, because it’s the rainy season over there right now.”

She and Williams are planning more trips this summer, with a goal of creating a tent city for 400 people she calls “The City of Hope.” The tents cost \$150 each, and they are looking for a more efficient way to deliver them.

“If I can get them to Miami, I can get them over by boat for about \$200,” she said.

Oh, and by the way, she is doing all this while still performing her duties as a wife and mother and completing her bachelor’s degree in Professional Communication at SHU.

“Between what’s going on in my life, there’s still work to be done,” said Goolsby, who has plans of continuing on to graduate school one day. “There are people a lot worse off than me. Right now there are 400 people (in Haiti) who are sleeping outside on sheets and curtains, and I am living very well. ... I really feel like this is an opportunity to do (God’s) work. After being over there, you just feel compelled to do something.” ♦



saints highlights

Class of 2010 Athletic Hall of Fame Inductees

Five former athletes and one team comprise the Class of 2010 who will be inducted into the Siena Heights University Athletic Hall of Fame.

This year's class includes Steve Emmons '85 (baseball), Ridge Frew '99 (men's soccer), Bevin Malley '00 (women's basketball), Mark Merriman '09 (men's basketball), Nicole Tobin '01 (women's soccer) and the 1978-79 women's basketball team. The new inductees will be honored at the annual Hall of Fame Banquet Oct. 2, 2010, during Homecoming Weekend.

The following is a brief description of each of the inductees:

Steve Emmons

The two-time NAIA All-District 23 honoree in 1983-84 was a three-time team captain for the Saints. Steve was voted team MVP in 1982.

Ridge Frew

Known as a tenacious defender, Frew was an honorable mention NAIA All-American in 1997. He was also a three-time all-conference performer who earned academic all-conference honors as well. Ridge was one of the top leaders in Siena Heights soccer history.

Bevin Malley

One of the most prolific scorers and rebounders in Siena Heights women's basketball history, Malley was an honorable mention NAIA All-American in 2000. She finished with 1,534 career points and 999 career rebounds, and was a three-time all-conference performer and NAIA Scholar-Athlete.

Mark Merriman

Mark was a key cog in the Saints' 1989-90 NAIA national qualifying team. He was a two-time co-team MVP and all-conference performer who was known for his all-around game. He finished with 1,257 career points and 426 rebounds, and was an honorable mention NAIA All-American in 1989-90.

Nicole Tobin

As the all-time leading goal scorer in SHU women's soccer history, Tobin finished with 73 career goals and 64 assists. Her 210 career points are also tops in program history. She was the only Saints women's soccer player to be named an honorable mention NAIA All-American three times ('98, '99 & 2000).

1978-79 Women's Basketball

This team finished 23-0 during the regular season and 27-2 overall, and placed third in the state tournament. The team's only losses were to Grand Valley and Calvin, and they dominated the Southeastern Michigan Women's Athletic Conference. All-conference performer Wendy Schwark and Coach Mary Alice Murnen led a team of four sophomores and seven freshmen to this record.

Winter Sports Highlights

Bowling



Siena Heights hired Charles Cain (**left**) to coach its new men's and women's bowling programs. Cain, who coached the University of Michigan men's club team before joining the Saints,

began recruiting immediately for SHU, which will compete in fall 2010. Cain has coached bowling for seven years and is a United States Bowling Congress silver level certified instructor. At the University of Michigan, he guided the men's club team to its first intercollegiate team sectionals appearance in school history. The Saints also announced that Tecumseh's Ten Pin Alley will be the home alley when the teams begin play next fall.

Men's Basketball



The Saints (21-11) ended their season with a 100-77 loss to top seed Cornerstone in the semifinals of the Wolverine-Hoosier Athletic Conference Tournament. Brent Reynolds (**left**), a

6-foot-2 junior guard, was named an honorable mention NAIA All-American and also to the WHAC first team after leading the Saints in scoring. Reynolds, from Waterford, Mich.,

had a breakout year for the Saints, averaging 15.75 points per game. Reynolds was named WHAC Player of the Week three times during the course of the season. Junior guard Mark Snipes was chosen to the All-WHAC second team, while senior Chris Shiels earned a spot on the all-academic squad. Senior Sean Nowaczyk was honored as the Champion of Character. The Saints, who were nationally ranked much of the season, had their first 20-win season since 2005-06.

Women's Basketball



Tanci Levit (**left**) headlined the All-Wolverine-Hoosier Athletic Conference basketball teams for the Saints, who finished the season 17-14 overall, 6-8 in the WHAC. Levit, a 5-6 senior

guard from White Lake, Mich., was named to the second team after finishing second in scoring and first in rebounding for SHU. She also earned a spot on the all-defensive and all-academic teams. Junior forward Shalaha Hubbard was named third team All-WHAC after leading her team in scoring. Kara Gardner, Brianna Chrenko and Erin Cassidy also made the conference's all-academic team, while Gardner was chosen SHU's Champion of Character. Chrenko earned Daktronics NAIA Scholar



Athlete recognition. In addition, Saints head coach Sue Syljebeck (**left**) was named a court coach for the 2010 USA Basketball Women's U18 National Team Trials June 8-11 at

the Olympic Training Center in Colorado Springs, Colo. Syljebeck worked with the U18 staff and the 26 athletes who are attending trials, which will be used to determine the U18 National Team's 12-person roster. In her six years as head coach at SHU, Syljebeck ranks as the school's second all-time leader in wins and win percentage.

Men's Volleyball

The Saints had eight of their 10 players named academic all-conference by the Mid-America Men's Volleyball Intercollegiate Conference. Juan Sierra, Matt Mitterholzer, Adrian Rutt, Tim O'Brien, Chas Newhouse, Brett Gilbert,

DeQorrie Whitman and Brandon Bowers each earned the honor for SHU, which finished 11-12



overall, 6-6 in the MAMVIC this season. Mitterholzer (**left**), a freshman outside hitter from Berea, Ohio, was selected to the all-conference first team after leading SHU in kills. Sierra,

a freshman from Columbia, was named the Setter of the Year after averaging 10 assists per game. He and teammate Rutt were chosen to the all-conference honorable mention team. It was SHU's first season in intercollegiate play after competing as a club sport last season.

Indoor Track and Field



Erving Warren (**left**) set a new school record in the high jump en route to All-American honors at the NAIA Indoor Track and Field National Championships. Warren, from Benton

Harbor, Mich., jumped 6 feet, 11.75 inches to set the new mark and finish third overall. In addition, the men captured their third consecutive WHAC indoor track and field championship



and coach Tim Bauer (**left**) was honored as the WHAC Coach of the Year. The Saints came away with seven first-place finishes, including a new school record. Doug Dawson of Roseville, Mich.,

set the new school mark with his first-place finish in the 400 meters. Dawson (**below left**) finished in 49.06 seconds, which broke the previous mark of 49.53. Ryan Lucas won the pole



vault, Ryan Hopson the long jump, Bryant Siegrist the high jump, Jesiah Rodriguez the 800, Kyle Smith the 1000 and the two mile relay of Chase Every, Zach Phillips, Smith and Rodriguez. For

the women, JoRanda Chapman (400), Lyndsay Payne (3000 steeplechase) and Haley Mancini (javelin) each won conference titles to lead the women to a third place team finish.

Spring Sports Highlights

Men's Lacrosse

The Saints (2-8) ended their inaugural season as they started—with a win. Siena blanked Kettering 16-0 to end the season and won its first match in school history by nipping the University of Michigan-Dearborn 5-4. Tyler Condron (**far right**) led the Saints with 12



goals, with Matt Burgess adding seven and Ryan Gumbleton five. Joe Berry made 177 saves in goal. In addition, Coach Ed Maloney (**left**) was in-

ducted into the Michigan High School Football Coaches Association recently. University of Michigan football coach Rich Rodriguez was the guest speaker at the banquet. Maloney was one of 13 included in this year's class. He spent 39 years on the side-lines as a high school football coach. He also was selected for induction into the Michigan High School Lacrosse Coaches Hall of Fame. Induction ceremonies were also held this spring. He began his lacrosse coaching career in 1991 and has served as both a high school and college lacrosse coach. He started four different high school lacrosse programs.

Outdoor Track and Field



Morgan Choszczyk (**left**) broke the Siena Heights school record in the javelin throw at the NAIA National Outdoor Championships at Indiana Wesleyan University. The sophomore from

Webberville, Ohio, recorded a toss of 139 feet, 7 inches, breaking the old school of 129-6 set in 2000 by Jessica Hawkins. That distance was good enough to place her eighth overall and earn her honorable mention All-American honors. SHU took 10 student-athletes and two relay teams to this year's championships. The

women's participants also included Lyndsay Payne in the 3,000 meter steeplechase and the 4x400 relay of Cassie Keeping, Carrie Zubke, Deanna Payne and JoRanda Chapman. The men were represented by Bryant Siegrist and Erving Warren in the high jump, Rogers Chambers and Joel Young in the hammer throw, Jesiah Rodriguez in the 1500, Marcus Bridget in the pole vault, Mike Glinski in the 10000, Ryan Hopson in the long jump and the 4x800 relay of Kyle Smith, Chase Every, Zachary Phillips and Rodriguez. The Saints finished second on the men's side and third on the women's side at the Wolverine-Hoosier Athletic Conference Championships at Houseman Field in Grand Rapids. Siegrist won the high jump (6-9), Hopson was first in the long jump (22-5.25) and triple jump (43-8), with the 4x800 relay of Chase Every, Chance Lauver, Zach Phillips and Kyle Smith finishing first in 8:21.31. The other first came from Jesiah Rodriguez, who won the 1500 (3:55.45). For the women, Chapman was one of three firsts for SHU, winning the 400 in 58.5 seconds. Lyndsay Payne (11:29.38) took the 3000 steeplechase, with Haley Mancini claiming a first in the javelin (118-4). Several Saints were named Daktronics Scholar-Athletes by the NAIA. They were Jennifer Belair, Rachel Ham, Karen Judd and Lyndsay Payne on the women's side and Michael Glinski and Marcus Bridget for the men.

Baseball



Sophomore Corey Alexander (**left**) had a breakout year on the mound for the Saints, going 7-3 with six complete games. The sophomore lefty from Toledo, Ohio, was one of four Saints named honorable mention All-Wolverine-Hoosier Athletic Conference. The others were Dan Abbott, Cory Lehman and Justin Root. Senior outfielder Mark Pauwels picked up his third WHAC Gold Glove award, while earning academic all-conference

honors were Spike Holliday, Jason Kastanis, Steve Strom, Kenny Sutter and David Wynkoop. Strom was also chosen as SHU's Champions of Character representative. The Saints ended their season 15-38 overall, 4-16 in the WHAC. The baseball program will also say goodbye to its baseball field, which will be the site of the new outdoor performance stadium, scheduled to be completed by fall 2011. Ground-breaking on the site is expected to begin this summer. A new baseball field will be constructed near the Siena Heights Fieldhouse.

Softball



Senior Mariah Welke (**left**) out-duelled teammate Jess Singletary for Siena's career home run mark. The senior from Coldwater, Mich., hit seven on the season—also a new school record—and

finished with 18 career four-baggers, edging Singletary by just one. Seniors Dani Bailey, Singletary and Welke, junior Chelsea Slovinski and sophomore Tearra Donovan were each named honorable mention All-Wolverine-Hoosier Athletic Conference. Bailey and Melissa Hall earned academic all-conference honors, and Sarah Holroyd was named the Saints' Champions of Character representative. The Saints ended the season 17-38 overall and 6-22 in the WHAC.



Tyler Condron (left)



Corey Alexander



Mariah Welke

Below: The Siena Heights Men's Indoor Track Team captured their third consecutive Wolverine-Hoosier Athletic Conference indoor track and field championship at Trine University on February 20, 2010.





THE TRADITION BEGINS



Siena Heights to Add Football and Begin Play in Fall 2011

By Doug Goodnough

Yes! Football is coming to Siena Heights.

After completing a thorough five-month exploration process, SHU President Sister Peg Albert, OP, PhD, announced at a May 3, 2010, press conference that the university is starting intercollegiate football that will begin play in fall 2011.

"This is a historic and significant day in the history of Siena Heights University," President Albert said. "The decision to explore football was a very comprehensive and collaborative effort. We first asked if football fit the mission of Siena Heights University, because this is not just about athletics, but expanding the mission of this institution. We believe that football will not only give opportunities to a new group of students at Siena Heights, but will help build community, which is what we are all about."

President Albert said the decision was made to move forward with football based on the recommendation of the Football Task Force she established in January. The task force was led by SHU Athletic Director Fred Smith and included SHU faculty, staff and students as well as board members and members of the community. This task force gathered extensive information, including how football would impact the athletic, academic, financial and student life areas of SHU. After this information was compiled and presented, the SHU Board of Trustees met May 1, 2010, and approved the plan to begin football, which was the final step in the approval process.

"Adding football at Siena Heights has been talked about for years, but this was the right time for us," Smith said. "I was impressed by the way our community came together and looked at all the factors involved in this decision, which were many. I would especially like to thank all those who were involved in the process. I am thrilled to have helped lead this exploration process and believe football will enhance the university as well as our athletic program."

Siena Heights also introduced the coach who will begin Siena Heights' football tradition. Veteran coach Jim Lyall was introduced as Siena Heights' first head coach. With more than 20 years as a college head coach as well as being a former player at the University of Michigan under the late legendary coach Bo Schembechler, Lyall will bring his combination of leadership, experience and character to Siena Heights, according to Smith.

"This is a historic and significant day in the history of Siena Heights University."

"Since the very first day I came over and interviewed with Sister Peg, her focus is on the students here at Siena," said Lyall, who served as a consultant during the exploration process. "Everything she does is pointed in that direction. How do we make the mission come alive here? How are we going to affect these young men and young women at Siena Heights for really the rest of their lives. ... Having the opportunity to talk with Sister Peg, I know how important the mission is to Siena Heights University and that a program could be built around that whole idea of helping young men become competent, giving them purpose, meaning in their lives. And teaching and modeling ethical behavior. That has to be the foundation of the program."

Lyall said he and new offensive/recruiting coordinator Jeff Hancock will begin recruiting student-athletes immediately. The Saints, who will become the only Catholic college or university in Michigan to offer football scholarships, will play a junior varsity schedule beginning in fall 2011. SHU has been accepted for membership in the Mid-States Football Conference, one of the top NAIA conferences in the country. Siena Heights will begin conference play in the fall of 2012.

"We need to have young men who understand the whole meaning of character and integrity," Lyall said. "Because we don't have any senior leadership right now, it's going to be important for us to recruit a certain type of student-athlete. We're going to target captains. We're going to target players from programs that have been successful."

The Saints will also compete on a new, on-campus, artificial grass outdoor stadium (left) that is expected to be completed by the start of the 2011 season.

"We want to be an attacking offense, defense as well as special teams," Lyall said of the style of football he plans to bring to SHU. "The coaching staff that we are going to be able to assemble, the aggregate knowledge is going to be phenomenal. ... The ball will be in the air. It will be high-paced and it will be an exciting brand of football." ♦



FAMILIAR FACE

JIM LYALL BRINGS FOOTBALL PEDIGREE TO SIENA HEIGHTS



Siena Heights University Athletic Director Fred Smith announced that Jim Lyall was hired as the university's first football head coach. The 57-year-old Lyall, who has coached at the collegiate level for more than 36 years, including the last 20 as a head coach, will build the program that will play its first games in fall 2011.

W

"We couldn't have asked for a better person to lead our football program," Smith said. "We wanted someone who understood not only how to run a college football program, but could build it the right way. We want success both on and off the field, and Jim will accomplish that for us at Siena Heights."

Lyall, who played at the University of Michigan under the legendary late coach Bo Schembechler from 1970-73, was the winningest coach in Adrian College history with 98 career wins. During his last eight years as a head coach, his teams compiled a 55-25 record. He expects to bring that same type of success to the Saints, who will compete in the National Association of Intercollegiate Athletics (NAIA).

"Having the opportunity to talk with (SHU President) Sister Peg Albert, I know how important the mission is to Siena Heights University and that a program could be built around that whole idea of helping young men become competent, giving them purpose, meaning in their lives," said Lyall who served as a football consultant for SHU during its exploration into beginning football. "And teaching and modeling ethical behavior. That has to be the foundation of the program. That's what attracted me."

He said he will look for the traits he learned under Schembechler—character and integrity—in the student-athletes the Saints will recruit.

"Because we don't have any senior leadership right now, it's going to be important for us to recruit a certain type of student-athlete," Lyall said. "We're going to target captains. We're going to target players from programs that have been successful. We need to evaluate film and to see players jump off the screen at us. They have to be able to make plays."

He said winning on the field is important, but so is shaping the lives of the young men he will coach. "Make no mistake, we will win," Lyall said. "However, a few years ago, a very wise man told me 'Don't define yourself in terms of wins and losses. Define yourself in terms of the affect you have on the kids' lives that have been put in your charge.' That is, without question, the most enjoyable aspect of it, to see young men come in at age 17 and leave at 21 and have changed their lives, basically."



To help him build the program, Jeff Hancock (left) was hired as offensive/recruiting coordinator for the Saints. The 39-year-old Hancock previously served as an assistant coach at Grand Valley State (Mich.) University, St. Mary's (Kansas) College, Lane (Tenn.) College, New Mexico Military Institute and Louisiana Tech University before joining Lyall at Adrian College in 2006.

"I met Jeff Hancock several years ago at the Michigan football camp, and I could tell at the time he was an extremely bright young coach," Lyall said. "He was very innovative. I hired him as my offensive coordinator four years ago and his offenses have been very wide open. They've scored close to 30 points every game, and he's had a great mix of being able to run football as well as throw it. He's been a great teacher, and his offenses have produced on a consistent basis."



Lyall said the Saints will be aggressive in all areas of the game.

"We want to be an attacking offense, defense as well as special teams," Lyall said. "It's a fun type of offense, defense and special teams for young men to participate in because it's active. We want to see that enthusiasm. It's a perfect venue for young men between the ages 17 to 21 to let it all out. All the emotion. All the physical need that they have at that point in time in their lives. The ball will be in the air. It will be high-paced and it will be an exciting brand of football."

Lyall said his involvement in the football exploration process at Siena Heights has allowed him to see the excitement that football is bringing to the university.

"It's been exciting. The decision to go forward with the football initiative has been campus-wide," Lyall said. "That's why it's so exciting, because everyone is behind it. Everyone has had input into it, and they know how it's going to affect us in every aspect. There's great community support." ♦

Q&A with Head Coach Jim Lyall

Why were you interested in this position at Siena Heights University?

"No. 1 was the mission. Having the opportunity to talk with (SHU President) Sister Peg Albert, I know how important the mission is to Siena Heights University and that a program could be built around that whole idea of helping young men become competent, giving them purpose, meaning in their lives. And teaching and modeling ethical behavior. That has to be the foundation of the program. That's what attracted me."

What's going to be your philosophy in building the program, both on the field and off the field?

"We need to have young men who understand the whole meaning of character and integrity. Because we don't have any senior leadership right now, it's going to be important for us to recruit a certain type of student-athlete. We're going to target captains. We're going to target players from programs that have been successful. We're going to ask the coaches point blank: tell us about the character of this young man. Is he the type of person who is swayed by others' opinions? Is he strong-minded? Does he have goals in mind? We need to have those types of young men, because they are actually going to be seniors in high school all the way through their college career. It has to be a special type of student-athlete. It has to be someone we can count on, someone we don't have to baby-sit."

How is having the ability to award football scholarships going to affect the way you can recruit?

"At the (NCAA) Division III level, it's certainly a numbers game. You had to bring in a number of student-athletes. We need to evaluate film and to see players jump off the screen at us. They have to be able to make plays. They have to be consistent. They have to be worthy of a scholarship. There's only so much money to go around. They have to be able to compete."

What kind of caliber of student-athlete are you looking to bring to Siena Heights University?

"We have to be able to recruit with (NCAA) Division II, Division I student-athletes who slip through the cracks. Maybe they're not quite as tall, maybe they're not quite as fast. But when you watch them on film, they make play after play. They can make an impact on your team. Those are the types of players we have to recruit. I think we have to talk to coaches about ambitious young men, academically and athletically. I don't think there's anything wrong with ambition, as long as it's tempered with a little bit of wisdom and some compassion."

What are you looking forward to the most in starting football at Siena Heights University?

"The interaction with the players. A few years ago, a very wise man told me 'Don't define yourself in terms of wins and losses. Define yourself in terms of the affect you have on the kids' lives that have been put in your charge.'

That is, without question, the most enjoyable aspect of it, to see young men come in at age 17 and leave at 21 and have changed their lives, basically. I always like to take pictures of freshmen, keep them for four years, and during their exit meeting their senior year, show them that picture. And then I relate to them how it isn't just about their physical maturity, that change that you can see, but all the different aspects in their maturity level. The decision-making. Their work habits. Their time management skills. You're training young men to not only to be good football players, but to be good people. To be a good husband. To be a good father. To be someone who can be trusted as an employee. That's the fun part of it. Life is relationships. And the strong relationships you can build, the more satisfying it is."

What style of football are you bringing to Siena Heights University?

"We want to be an attacking offense, defense as well as special teams. The coaching staff that we are going to be able to assemble, the aggregate knowledge is going to be phenomenal. Some who we have contacted are already members of the Michigan high school football hall of fame. It's going to be a very exciting brand of football. We will run a form of the spread offense. It's a no-huddle, it's upbeat. It takes advantage of speed. It takes advantage of the ability to run the football. Defensively, we have been in the top five in the nation on a consistent basis. It's a fun type of offense, defense and special teams for young men to participate in because it's active. We want to see that enthusiasm. It's a perfect venue for young men between the ages 17 to 21 to let it all out. All the emotion. All the physical need that they have at that point in time in their lives. The ball will be in the air. It will be high-paced and it will be an exciting brand of football."

What have been your impressions of Siena Heights University during the process of exploring football?

"Since the very first day I came over and interviewed with Sister Peg, her focus is on the students here at Siena. Everything she does is pointed in that direction. How do we make the mission come alive here? How are we going to affect these young men and young women at Siena Heights for really the rest of their lives. Everything is here is done very thoroughly. Nothing is done haphazardly. It's researched completely and determined if it's going to benefit the school, the community and the students here. It's been a great experience for me. (SHU Athletic Director) Fred Smith, his leadership is wonderful. He's an intelligent man, very well-organized and has the ability to get people to work together. That's a skill that not many people have. That's what I've seen. There's a real spirit of cooperation here at Siena. It's been exciting. The decision to go forward with the football initiative has been campus-wide. That's why it's so exciting because everyone is behind it. Everyone has had input into it and they know how it's going to affect us in every aspect."

continued on the next page

Q&A with Jim Lyall (continued)

What has been the reaction from the local community?

"Since January, there hasn't been a week that's gone by where I haven't been approached by members in the community, whether they are merchants, business-people, or just people on the street. They ask me 'When it's going to happen at Siena Heights? We are really excited and this would be a great situation for the community.' There's great community support. They are very excited about football coming to Siena Heights."

About Offensive/Recruiting Coordinator Jeff Hancock:

"I met Jeff Hancock several years ago at the Michigan football camp, and I could tell at the time he was an extremely bright young coach. He was very innovative. I hired him as my offensive coordinator four years ago and his offenses have been very wide open. They've scored close to 30 points every game, and he's had a great mix of being able to run football as well as throw it. The biggest thing is I've seen how our players have bought into what he's doing. He teaches football and why we do things. Not just how, but why. It opens players' eyes. He's been a great teacher, and his offenses have produced on a consistent basis."



Conference Call

Saints Accepted as Member of Mid-States Football Association

Siena Heights is starting a new football program and now has a conference to call its own.

The Saints were accepted as the 18th member of the Mid-States Football Association on May 4, 2010, at the organization's regular spring meeting at Olivet Nazarene University in Kankakee, Ill. The MSFA began its first season of competition in 1994.

"This is outstanding news for our football program, because there's nothing like competing in a conference," said SHU Athletic Director Fred Smith. "We weren't sure membership was a possibility for 2012, but were ecstatic when we heard the news. We are proud to be a new member of the Mid-States Football Association."

"The MSFA welcomes Siena Heights University to the association," said MSFA Commissioner James Houdeshell. "Siena Heights joins a really good NAIA conference, and I am sure SHU will bring a top-quality football program to the association."

The Saints, under new head coach Jim Lyall, will play a junior varsity schedule in 2011 and then enter play as a member of the MSFA's Mideast League in 2012.

Siena Heights is the second National Association of Inter-collegiate Athletics (NAIA) institution in Michigan to join the MSFA: Concordia University in Ann Arbor was accepted as a member in January 2010. Both will compete in the Mideast League, which also currently includes Malone University and Walsh University, both located in Canton, Ohio; Marian University in Indianapolis, Ind.; the University of Saint Francis in Fort Wayne, Ind.; Taylor University in Upland, Ind.; Saint Xavier University in Chicago; Olivet Nazarene; and Trinity International University in Deerfield, Ill.

"Competing against institutions in Ohio, Indiana and Illinois, including in metropolitan areas like Chicago, Indianapolis and Ft. Wayne really opens up recruiting avenues for us," Smith said. "This traditionally has been one of the top NAIA football conferences in the country, and we look forward to the challenge."

The Midwest League currently includes Grand View University in Des Moines, Iowa; Iowa Wesleyan College in Mount Pleasant, Iowa; McKendree University in Lebanon, Ill.; Quincy University in Quincy, Ill.; St. Ambrose University in Davenport, Iowa; University of St. Francis in Joliet, Ill.; Waldorf College in Forest City, Iowa; and William Penn University in Oskaloosa, Iowa. The champion of the Mideast League and the Midwest League receive automatic berths into the NAIA playoffs.

THEY SAID IT...

"We're looking forward to working with Siena. They're a fine school. I'm happy they're with us."

Mid-States Football Association Commissioner James Houdeshell

"If you get the right guy, it'll be a huge thing. If you get the wrong guy, at schools the size of Siena or Concordia, it can bring you down. You got to have the right guy."

Concordia University Athletic Director Ben Limback via The Daily Telegram

"This is the highlight of my professional career."

Siena Heights Head Football Coach Jim Lyall

"To Sister Peg Albert and Siena Heights—I have known Jim Lyall since playing at Adrian College from '75 thru '79. With this selection, you not only picked a great Coach, you picked an even better man. He will represent you well. Congratulations."

Jack Shimko, Adrian College, Class of 1979, via The Daily Telegram web site

"The ball will be in the air. It will be high-paced and an exciting brand of football."

Siena Heights Head Football Coach Jim Lyall

"Where do I get my season tickets?"

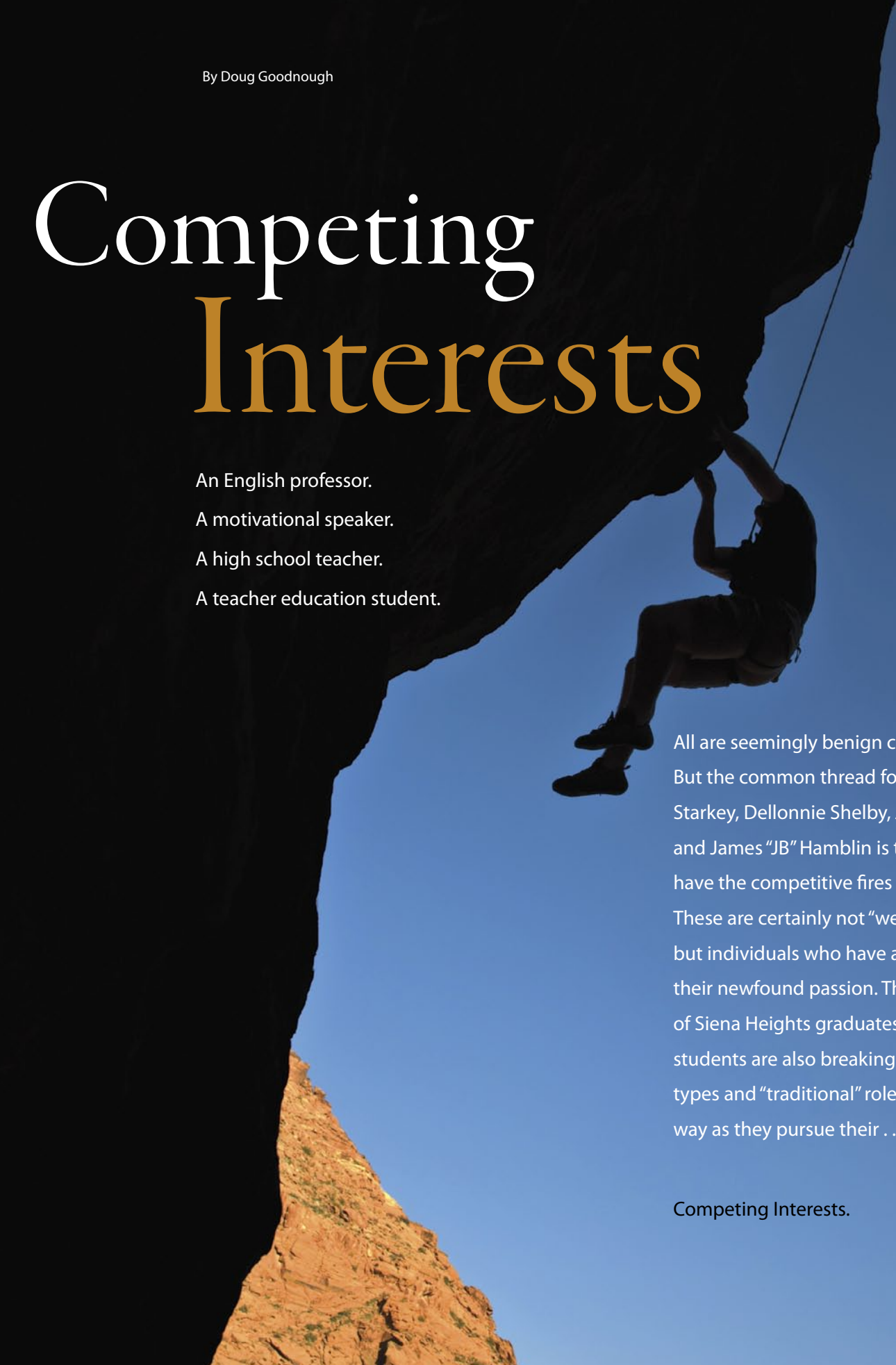
Doug Small '82 via Facebook



By Doug Goodnough

Competing Interests

- An English professor.
- A motivational speaker.
- A high school teacher.
- A teacher education student.



All are seemingly benign career paths. But the common thread for Crystal Starkey, Dellonnie Shelby, Jacki Clark and James “JB” Hamblin is they all still have the competitive fires burning inside. These are certainly not “weekend warriors,” but individuals who have a real zeal for their newfound passion. This foursome of Siena Heights graduates and current students are also breaking gender stereotypes and “traditional” roles along the way as they pursue their

Competing Interests.

Brains and Brawl

College Professor Crystal Starkey Fuels Competitive Fires as a Mixed Martial Artist Fighter

What do English composition and mixed martial arts fighting have in common? More than people think, according to Crystal Starkey '00.

"I would say the deliberateness," said Starkey, who is a college professor, a soccer mom, studying to complete her doctorate – and training to be a MMA cage fighter. "I don't teach how to write in a nilly willy sort of way. It's supported by academic research and scholars I have read. (In MMA fighting) it's like writing little ideas that carry through to a final essay. You develop tiny moves to build yourself."

So far, the former Siena Heights basketball point guard and distance runner is a fast learner both in and outside of the classroom. The 31-year-old Starkey is just a dissertation away from earning her PhD in philosophy from Wayne State University. And the 5-foot-5, 135-pounder recently won her first MMA fight despite having just six months of training. She said her newfound "hobby" balances her academic and athletic sides very nicely.

"You don't have to be (just) an academic person or an athletic person, you can be both," Starkey said. "That's always been a goal for me, to have balance in my life."

And that balance is a very delicate one. Besides her full-time duties as an assistant professor of English at Delta College in Saginaw, Mich., Starkey also is a single mother of a 6-year-old son, Griffin. When not teaching or coaching her son's soccer team or following him to T-ball games, she finds time to train at the Charlie Cosens gym in Bay City, Mich.

"(Griffin) goes with me to the gym on Saturday mornings," Starkey said. "I think he thinks he's doing what I'm doing when I'm there. But I don't want him to really know, because he's too young."

Starkey said a work colleague first introduced her to the sport, which she initially knew very little about.

Photos courtesy of Sean W. Jacobs (www.heavyintodesign.com).



Crystal Starkey '00



"It's like no other sport I've ever done," said Starkey, who besides her college sports has also competed in soccer, triathlons and three marathons. "In some ways it's similar to swimming and track. In those sports it's just you against the clock. In this sport, it's me against the opponent. It still takes just as much work ethic, determination and focus, which can be difficult as a full-time teacher, PhD student and mother. But it keeps me young."

MMA fighting requires learning several different fighting styles, including boxing, Brazilian Jiu Jitsu (rolling) and Muay Thai (striking) among others.

"I think I'm OK at all of them (fighting styles)," Starkey said. "I think the only reason I've been successful to this point is because of my work ethic. I'm still learning the basics and trying to compete within the basic foundation."

She said she initially had to overcome the fear of getting hit. That fear quickly faded after knocking out her first opponent in just 17 seconds. "Everyone has that fear that someone is going to do damage to them," Starkey said.

"I'm not a very big person, but I'm a kind person. I'm very warm and hands-on and there to help my students."

"It's a natural fear. In that first fight, I had a black eye for a week and a half. She caught me pretty good with a right cross. My friend who was watching said, 'When that girl hit you, your face just changed.' I don't remember that happening. It was sort of like my body just took over and doing those things I had drilled over and over. ... I'm much less nervous. I feel like I conquered that (fear). I'm facing it."

Starkey said despite the physical, violent nature of MMA fighting, it also requires a lot of mental preparation and precision. "I think there's a misunderstanding and misinterpretation of the sport," she said. "It is by far the most technical sport I've ever competed in. ... It's really interesting to be so conscious of every part of your body, every limb."

She also intensively reads books on fighting styles to aid in her training. “It may look to the crowd like I’m throwing wild, crazy (punches and kicks), but it’s all purposeful,” Starkey said.

Some of her students and college colleagues have discovered her “hobby” and are surprised but supportive. “Some of them are very surprised,” Starkey said of her students’ reaction. “I’m not a very big person, but I’m a kind person. I’m very warm and hands-on and there to help my students. ... So many of them follow (MMA). They’re very interested in that sport. And several of them came to my fight and think it’s pretty cool.”

Her father, a former standout college football player who dabbled in Gold Gloves boxing, also had to be won over to his daughter’s newfound passion. “Before the first fight he was really terrified,” Starkey said. “But when the ref held up my hand (in victory), I pointed at him. He’s still nervous for me, but he was proud.”

Starkey has a few matches scheduled for this summer and is content with her classroom career. “I don’t have any expectations of going pro,” Starkey said of her MMA goals. “It’s just a hobby for me, and I plan on keeping it that way.”

However, true to her balance of the academic and athletic, she is eventually planning to take up another hobby. “I would like to take more art classes,” she said. “I have a passion for painting. I do a lot of personal writing, and it leads me to paint something.” ♦



Above: Crystal Starkey (far left) defies the odds and competes in a very male dominated sport as a female Mixed Martial Arts fighter.

Stage for Success

SHU Graduate Dellonnie Shelby Wins Title of “Mr. Michigan”

Dellonnie “Dale” Shelby ’09 will put his professional communications degree to good use this summer.

The graduate of Siena Heights’ Metro Detroit Center will compete in the Mr. North America pageant Aug. 5-8 in Las Vegas, Nev. Earlier this year, the 41-year-old Shelby was chosen as the “Mr. Michigan” representative. Now, the Southfield, Mich., resident will compete at the national level for a chance to broaden his platform of mentoring and stress management.

Although he has an extensive background in public and motivational speaking, Shelby has had to deal with an anxiety disorder that eventually hospitalized him. He said he has overcome that disability, and that experience has made him even more determined to help others dealing with similar challenges. The Mr. Michigan title has also allowed him more public speaking opportunities to spread his mentoring/stress management message.

“That (anxiety disorder) has helped prepare me to speak about my platform,” said Shelby, who is managing his condition. “I’m quite accessible to many civic groups. I talk about things like parenting and stress management, and how those things have impacted my life.”

“She (his mother) spoke very favorably of the (Detroit) program . . . And it was an incredible program. Siena was very accommodating.”

Shelby was selected Mr. Michigan from more than 50 applicants based on criteria such as academic success and community service. The pageant is open to men ages 18-52, and Shelby was the first African-American to earn the title of Mr. Michigan. He said he is currently preparing for the Mr. North America pageant, which will include a substantial prize package and a year of public appearances and speaking engagements around the country.



Dellonnie Shelby '09

“(Public speaking) is something I’ve wanted to do,” he said. “It gives me further opportunities to capitalize on my platform.”

The pageant is set up much like the more familiar women’s competitions. The contestants will be judged on categories such as private interview, formalwear, casual wear, on-stage interview and platform issue. Shelby said his experience—as a public speaker—will give him an advantage.

“I am accustomed to being in front of large groups of people,” said Shelby, a married father of two young children. “I have a great advantage because I have life experiences, and that is relevant to what a lot of people are experiencing in their lives.”

And even though past pageant winners have been closer to age 20 than 40, “I do have a very youthful look,” Shelby said of his physical appearance, which he maintains through cross country running and meditation. “I’m not intimidated.”

Shelby said his educational experience at Siena Heights was a positive one. In fact, it was his mother, Velma Shelby Crawford, a 1988 graduate of SHU’s Metro Detroit program, who recommended Siena to him. “She spoke very favorably of the program,” he said. “And it was an incredible program. Siena was very accommodating.”

After the competition, Shelby plans to pursue a career as a radio talk show personality, or perhaps author several books on parenting/stress management. However, this summer he is focused on Las Vegas.

“I’m very confident I’m going to do well,” he said of the Mr. North America pageant. “My goal and objective is to win.” ♦



No Passing Fancy

Jacki Clark Balances Her Family and Teaching to Play in a Women's Football League

She has her own surgeon. That's how much Jacki Clark '03 enjoys playing the game of football.

The 39-year-old single mother and teacher is willing to travel up to four days a week from her home in Camden, Mich., to Toledo, Ohio, to compete for Thee Toledo Reign, a women's football team. She sacrifices not only her time, but at times her body, to compete in the usually male-dominated sport.

In fact, a cortisone shot recently administered to her right shoulder will hopefully allow her to throw a football by the next game. "We'll see if that helps," said Clark, who when healthy is the team's starting quarterback. "The last three weeks I haven't been able to throw a ball. And I don't like being one-dimensional."

That term has never described Clark, a former standout multi-sport athlete in high school and in college, including a stint as a runner on the Siena Heights track and field team. Despite her full-time commitment to her family and to her job as a health, business and physical education teacher at the Pansophia Academy in Coldwater, Mich., Clark still had the desire to compete on the playing field. When she learned about the Women's Football Alliance three years ago, she knew had to play.

"Actually, I wanted to play my whole life," said Clark, who often tossed the football around as a child with her brothers in the back yard. "I had heard about a league eight years ago ... but kind of put it on the back burner. I went to a game and I asked, 'How do you get involved?'"

The Toledo Reign contacted her later that year, and "that was it." Because of her athleticism, she quickly filled a team need at a vital skill position.

"Basically they told me that I needed to play quarterback," said Clark, who also has played running back and receiver and also handles the Reign's placekicking and punting duties. "They said, 'Are you cool with that?' I said, 'I'll do whatever is best for the team.'"

But playing quarterback is more than just being able to throw a football, Clark said.

"It's very intense . . . Sometimes girls bring that added emotion to the game . . . The other team is out to cream you."

"I still had to learn the game," Clark said, who was recently named a first team WFA All-American as a punter. "But it's no different than learning plays in basketball. . . . You bring in all of your stuff from other sports. We haven't played football all of our lives so you kind of have to relate it to what you can understand."

Most of the players have differing athletic backgrounds, and the goal is to try to "translate" those skills to the football field. Clark is in her third season with the Reign, which she said has a very young and inexperienced roster.



Jacki Clark '03

The Toledo entry in the WFA has just one win this season in a league that includes teams from Detroit, Grand Rapids, Dayton and Cleveland. "We have a lot of new players, a lot of rookies who have never played the game before," Clark said. "It's hard to compete."

Clark has endured some physical struggles this season, including the right shoulder injury that forced her out of the quarterback spot for a time. She still found a way to contribute – catching the game-winning touchdown pass earlier this season in the team's overtime win against the Dayton Diamonds. During her playing career she also has undergone knee surgery and endured other bumps and bruises she said are just part of the game.

"It's very intense," she said of the games, which are played under NFL rules with high school modifications. "I think the girls are a little more scrappy than the guys. Obviously we're not as strong, but the intensity is the same, if not more. Sometimes girls bring that added emotion to the game the guys just don't have. The other team is out to cream you. They're going to do whatever it takes. . . . The girls tend to tackle a little higher than the guys. Usually after a game my upper body, especially, is bruised and banged up."

The team practices in a middle school gym during the winter months and on a church soccer field when it can go outdoors. During the season, the Reign play their home games at Toledo Central Catholic High School. Under league rules, players are not permitted to be paid. And the players must do their own fundraising to be able to play.

"We kind of go with what we have donated to us," said Clark, who hocks team T-shirts among other items to raise money and also promotes the team through online social media channels like Facebook.

Clark's niece, Kasey Clark, is a teammate, while her oldest son, Matt, 16, is in charge of the team's game-day operations, which includes running the sideline crew. She said her two younger sons, Brantley and Logan (left), are among her biggest fans. She said they understand when mom isn't around as much during football season, which runs from April to June.



"I make as many of their (games and events) as I can," said Clark, who is also enrolled in Siena Heights' Graduate College, and is on course to complete a master's degree in the educational leadership program. "The last two years I've driven to Toledo four days a week, but this year I've kept it to two or three (days). I haven't been at practice with the team as much as I'd like. But balancing my schedule is what I try to do."

Clark said she will continue her playing career as long as her body will allow. She believes she and her fellow players are blazing a trail for an eventual professional women's football league.

"(Attendance) gets better each year," Clark said of interest in the league, which is part of a national organization of 45 teams or so. "The men who run our league know the game of football and are trying to bring it up. ... You're going to start seeing football for young girls.

"I just like the whole atmosphere. I have a great team. It's like a second family." ♦

Bad to Be Good

SHU Student James Hamblin Plays Bad Guy "Rampage" on Professional Wrestling Circuit

James "JB" Hamblin loves to be hated. In fact, the 25-year-old Siena Heights teacher education student hopes to make a career out of it.

Hamblin is studying not only in the classroom but in the wrestling ring. He has been training locally for the last year and a half as a professional wrestler, and earlier this year was invited to try out for World Wrestling Entertainment (WWE), the world's leading professional wrestling promoter.

At first glance, Hamblin, known in the ring as "Rampage," looks the part. Built like a fire hydrant at almost 5-foot-8 and 215 pounds, he sports a 20-inch neck and has short, spiked hair with blonde highlights and flashes a menacing glare that is enhanced by his grizzly beard. However, he is all smiles when talking about wrestling, which he began at age 3 growing up in Lenawee County.

"If you have a good amateur (wrestling) background, it will help you with the pro business," said Hamblin, a standout high school wrestler



James Hamblin

who attended the University of Michigan on a scholarship before a shoulder injury ended his collegiate career. "You can do moves that you did in amateur."

Hamblin eventually returned home to help care for his parents after his father had some health issues. He started attending Siena Heights in 2007 and competed for a time on the Saints' track and field team. However, the pull of wrestling was still strong, even if it wasn't the same as amateur competition.

"It's different, but there's still competition in pro wrestling," Hamblin said. "You are fighting to make your way up to the top. You are improving your skills by training harder, and each time you are have a live match in front of an audience, you are still learning new abilities and skills. You're just trying to get to the top so other people will notice you."

Hamblin was first noticed by local promoter "Judge Tough Love," co-owner of Total Xtreme Wrestling Entertainment (TXWE). "He asked me if I wanted to wrestle because he loved my build," Hamblin said. "He heard about me through the grapevine."

And once he stepped into the ring, Hamblin realized he now was as much of a performer as he was an athlete.

"I still want to be a teacher . . . If something happens with wrestling, I have that to fall back on."

"I know what to say and what not to say," said Hamblin, who often plays a "heel" or bad guy. Part of the performance is getting the crowd riled up by talking on the mic. "If you can bring heat upon yourself, you're good. But as much I as talk on the mic, I hate talking in front of anyone. When I'm in character, I'm in a different zone. And the promoters love it."

However, Hamblin said he knows where to draw the line during matches, and emphasizes TXWE is a Christian- and family-based company. "There's no swearing or anything like that," Hamblin said. "There's no chair shots or blood. That's not wrestling."

What professional wrestling requires some acrobatic—and often very risky—moves Hamblin must practice and perfect. "The moves we do, not only have to make sure we are safe, we have to trust the other person," he said. "If you're going off the top ropes, you better make sure his (other wrestler's) head is protected. And you have to protect yourself."

continued on the next page

Bad to Be Good (continued)

Part of the training is coordinating each move to prevent injury and still preserve the realism of the event. He said his scariest moment in the ring was performing a “moon salt,” or a back flip onto another wrestler. “The crowd loved it, and we were still alive,” said Hamblin.

As with many dreams, sacrifice is involved. For starters, he often performs at events around the Midwest for not much more than gas money. And it’s also cost him his girlfriend, who asked him to choose between her and wrestling. “And I had to go with wrestling,” he said.

At home, his mother, once a big supporter of his amateur wrestling career, is not too fond of his professional aspirations. “My mom hates it,” he said. “Every time I come home, it’s either my back’s killing me or my neck, my arm or shoulders. She says, ‘Why don’t you just stop wrestling?’ I said, ‘I can’t. I love it.’”

Hamblin must also decide if he should move to Florida this year to continue his training. His ultimate goal is making it to the big stage of WWE, which includes nationally televised events like “Raw.” “That’s the big time,” he said.

In the meantime, he is happy to be “JB,” a full-time college student during the week and “Rampage” on the weekends. Later this summer, he is scheduled to “win” the TXWE heavyweight title belt, and often performs locally at the Lenawee County Fairgrounds.

“I still want to become a teacher,” said Hamblin, who has a tri-minor in mathematics, language arts and elementary education at Siena. “If something happens with wrestling, I have that to fall back on. I have all the time in the world to get my (teaching) certificate and my degree.”

On campus, Hamblin is putting some of his promotional and marketing skills learned in the ring to good use. He helped the Student Programming Association run the “Siena Idol” talent competition the past couple of years, and has also been involved in Student Senate.

Although his goal as “Rampage” is to get someone mad enough to throw something at him, he said “JB” wants to be known as a good guy outside the ring. “I’m actually really nice,” he said. “I’m not anything near a violent person. It’s not in my character.”

Meet the 2010 Alumni Award Winners

Alumni Awards will be presented Saturday, Oct. 2, at 2 p.m. during Homecoming. Meet the honorees throughout the weekend at seminars, special events and the alumni banquet.



Captain Harold Love '08

Clarkston, Michigan
Recent Graduate Award

Harold, who is second District Commander of the Michigan State Police, will be honored for leadership and commitment to community, career, family and faith. He will speak with students and alumni at a Saturday morning savvy seminar.



Trudy McSorley '70

Adrian, Michigan
Saint Dominic Award

Trudy will be honored for living Siena’s Dominican values as long-time director of child drama, professor of theater and, since 2004, dean for students. She will lead alumni Homecoming heritage tours on Friday afternoon and Saturday morning.



Gregg Milligan '85

Canton, Michigan
Sister Ann Joachim Award

A successful leader in information technology and systems, Gregg will be recognized for his courage, perseverance and integrity as a survivor of, and a respected advocate for the prevention of, child abuse. Gregg will speak on Friday and Saturday of Homecoming.



Jamie Richardson '87

Mt. Vernon, Ohio
Outstanding Alumni Award

Jamie, Vice President of the White Castle System, Inc., and familiar to alumni as the grillmaster at past Homecoming tailgates, will be honored for marketing creativity, business achievement and servant-leadership. He will speak on living his faith at the Sunday brunch.



Allan Rodewald '80

Houston, Texas
Outstanding Alumni Award

A successful muralist and abstract painter, Allan will be maintaining a commitment to ethics, service and community betterment while achieving professional success in the arts. He will speak Friday and Saturday, and will exhibit work in Studio Angelico second floor gallery.



Explore the World with SHU in 2011

Greece: In the Footsteps of St. Paul

Oct. 19-29, 2011—Travel with the Alumni Office and Professor Mark Schersten, and trace the journeys of St. Paul the Apostle to Ancient Greece and Ephesus in Turkey. Trip includes a 3-day Greek island cruise. **For Details:** alumni@sienaheights.edu.



Rome, Florence and Paris

May 17-27, 2011—Travel with Siena students and Professors Doug Miller and Chris Reising to Europe’s most renowned centers of art. **For Details:** alumni@sienaheights.edu.

visit our alumni website at www.sienaheights.edu

from the alumni office



Homecoming: A Constellation of SHU Alumni Stars

One of the most enjoyable items on my “to do” list each year is contacting alumni who have been selected to receive alumni awards. It’s a happy job! Often, the honorees are unaware that they have been nominated, so the news comes as a complete surprise. That was the case this spring for all five alumni honorees. Without exception, the news that he or she would be honored by the University Alumni Association rendered each person momentarily speechless—but the conversations that followed bubbled with amazement, delight and humility.

My colleagues in athletics experience the same thing each year when they contact former Saints who have been selected for induction into the Athletic Hall of Fame: conversations full of excitement, surprise, pride, and humble expressions of “Why me?”

This fall, for the first time, Siena Heights will recognize both our 2010 Alumni Award winners and our 2010 Athletic Hall of Fame inductees during Homecoming weekend, October 1-3. The Alumni Awards Ceremony takes place Saturday afternoon, October 2; the Hall of Fame Banquet and Induction takes place Saturday evening. Everyone—award winners, honored Saints, reunion classes, guests, families and friends—will come together for Homecoming Mass, the all-alumni reception, and the evening banquets.

What a constellation of Siena Heights alumni stars we’ll have on campus that weekend. Thus the theme of Homecoming 2010: “Bright Lights on the Heights.”

Of course, in addition to these events, the weekend will be chock-a-block full of Savvy Seminars, sports activities, campus tours, theater, art, good food and lots of fun. Saturday is a family-friendly day, so if you have little ones bring them along; they are your bright lights.

Plan to join us—whether you have ever been to Homecoming or not; whether you’re in a reunion class or not; whether you studied in Adrian, at an off-campus site, or on-line...whether or not you’ve ever even been to Adrian before: Come. Add your light to our celebration of “Bright Lights on the Heights.”

See you the first weekend in October!

Jennifer

Jennifer A. Hamlin Church
Associate VP for Advancement &
Director of Alumni Relations
(517) 264-7143
jhchurch@sienaheights.edu

Worried about economic uncertainty, low interest rates, and stock market volatility?

A **Siena Heights University charitable gift annuity** offers a fixed, partially tax-free income stream—**with payout rates as high as 9.5%, depending on your age**—that does not fluctuate with market conditions or other changes in the economic environment. Gift annuities are secured by the entire asset base of Siena Heights.

In addition to this **lifetime income stream** for one or two individuals, gift annuities also offer immediate income, capital gain, and estate tax savings.

Sample single-life annuity rates: (lower two-life rates are available)

Age 65 - 5.5%	Age 70 - 5.8%
Age 75 - 6.4%	Age 80 - 7.2%
Age 85 - 8.1%	Age 90 - 9.5%

For more information on setting up a Siena Heights Charitable Gift Annuity, call the Advancement Office at: (800) 693-0506.

Or email us at:
advancement@sienaheights.edu.



from the alumni association



Siena Heights University Alumni Association Board of Directors

Dennis Reeder '78, President
Michael K. Lane '05, Vice President
Denise Baldwin '02 (Southfield), Secretary
Deb Carrington Keller '74, '75, '02, Past President

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Katherine Cusick '84
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Katie Hatch '07
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Sarah Baker Korth '82, '97
Harold J. Love '08
Leslie Love '93
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Theresa Rahn '03 (Benton Harbor)
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John Stoyka '04 (Southfield)
Carole Sporer Stroh '52
Joni Warner '83

Elly Teunion-Smith '89, Faculty Representative
Jennifer Heineman '12, Student Representative

Incoming Members in October:

Maricruz Avitia-Moore '06/MA (Southfield)
Rob Hemmig '07
Bwalya Lupambo '06 (Benton Harbor)
Beth McCauley '06/MA

A Call to Service

In most organizations, when a new president takes the helm, they have in mind a goal they would like to achieve during their tenure. My goal, as president of the Alumni Board since October 2009, has been to reach out to alumni, especially students and graduates of our off-campus programs, in hopes of creating a more unified and engaged alumni community. No matter where you studied or where you live now, we want you to know that you belong to something larger.

The Membership Committee of the Alumni Board has successfully recruited alums from many of the off-site programs this year, and I'm pleased to report that the Alumni Board has quite a wide and diverse group of alumni serving the University this way. I have another year ahead as president and look forward to welcoming even more alums into an active relationship with SHU.

The Alumni Board's message to all alumni is this: "You are a part of a great University. And your University needs you." There are many ways you can share your time, talent and treasure with Siena Heights. You have benefited from a great SHU heritage and now you can help shape that experience for those who come behind you.

Have you considered how you might promote Siena Heights University to others or renew your ties with other Saints? One way you can do this is through service.

On May 9, at Commencement on the Adrian campus, I gave the Alumni Association welcome to the graduates of 2010. I asked them to stay in touch and to consider doing service projects—where they live—in the name of Siena. Are you part of a group that serves the needs of people in your community? Do you help the elderly or provide service to the hungry or the homeless? Let's share the message that graduates of Siena Heights University lend their hands and feet to do a greater good.

What about organizing SHU alumni to fill a need in your community? Are you interested in working with one or two or ten other Saints to make a difference? We are competent, purposeful and ethical people and we need to share the good news that our small but mighty University makes a difference in others' lives, not just on campus but in communities around the state, the country and the world.

I invite alumni everywhere: Gather your Siena friends, wear your Siena Heights shirts, and serve your communities on Saturday, October 23, as part of national "Make A Difference Day." Then send photos and tell us what you did. Let us know if we can help you. I look forward to hearing from anyone with interest and ideas about how we may serve others in this effort. Go Saints!

Dennis Reeder '78
President of the Alumni Association
dreeder3638@wideopenwest.com

“SHU Coming to You.” And you and you and you. Whew!

By Jennifer Hamlin Church

That was our theme for 2009-10: SHU coming to you—in Texas, California, NYC, Chicago... There were 19 stops on our 90th Anniversary Alumni Outreach Tour, beginning in Columbus, Ohio, last October and ending in Boston mid-June. By then, President Sister Peg Albert and VP of Advancement Mitch Blonde could sing with Johnny Cash: “I’ve been everywhere!”

We couldn’t have done it without help from all our alumni and friends—and they helped in many ways.

Jamie Richardson ’87 hosted Columbus alums for a tour of White Castle and the “Cravers Hall of Fame.” Joe Orange ’82 hosted Cleveland area alumni for burgers and shakes at Bearden’s, his Rocky River restaurant. Allan Rodewald ’80 hosted the Houston gathering in his private home/art studio. And Aimee Nemeckay ’89 welcomed Chicago area alumni to her workplace, the Susan Fredman “At Home in the City” interior design studio and showroom.

U.S. Representative Darrell Issa ’76 enabled Washington, D.C., alumni to meet “on the hill” in the Rayburn House Office Building.

Former trustee Phyllis Peters guided us to the perfect gathering place in Troy, MI.

Alumni Board VP Michael K. Lane ’07 found a Broadway hotspot for the “Big Apple” event, then called fellow New Yorkers to remind them to come. Then he jumped on a bus for Boston to bring Alumni Board greetings to that group.

Anne MacMillan Eichman ’67 scouted venues for the San Diego event. Cathy McBride Murphy ’68 and Mary Jo Potter ’71 did most of the footwork in San Francisco, where Tim Fortescue ’01 offered valuable encouragement.

Most important were the alumni and friends who came together at each place to share Siena stories, hear Siena news, and envision Siena’s future through Sister Peg’s passionate words.

Siena Heights renewed ties with alumni and friends across the country; but we didn’t really get everywhere . . . so we’re going back on the road this year. It won’t be the 90th anniversary tour anymore. Maybe we’ll just call it “On the Road Again!”

Come see us along the way. Give us a call if you can help!



On the Road Again! 2010–11

Tentative Alumni Outreach Destinations
Schedule subject to change.

September 2010:

Traverse City and Leelenau Area
Port Huron and the Thumb

October 2010:

Adrian: Homecoming 2010
Cincinnati and Dayton Area

November 2010:

Detroit and Southfield Area

December 2010:

Southwest Michigan

January 2011:

Florida Week

February 2011:

Arizona and Nevada

March 2011:

Atlanta, GA
Raleigh and Durham, NC
Greater Washington, DC

April 2011:

California Week

May 2011:

Indianapolis and South Bend, IN
Greater Chicago and Northern, IL

June 2011:

Long Island, NY
Greater Boston and New England

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From The Sites

SHU—Benton Harbor

Sigmund Reckline '02 recently completed his PhD at Capella University. His wife, **Marilyn '04**, also completed her master's degree at Capella University. The couple resides in Baroda, Mich.

Zomar Peter '03 is beginning a new job as an academic advisor for the College of Nursing at East Carolina University in Greenville, N.C. She resides in Greenville, N.C.

Stephanie Hafer '07 married Shaun Klug Sept. 19, 2009, at Grace Lutheran Church in St. Joseph. The bride is employed with Shepherd Casters Corp., in St. Joseph. After a honeymoon to Jamaica, the couple resides in Benton Harbor, Mich.

SHU—Monroe

Laura Collins '94 is the president of the Bedford Business Association. She also is the owner of Collins and Associates Accounting and Tax Services in Lambertville, Mich.

Ignazio Cuccia '96 was recognized as the "Alumnus of the Year" by Monroe County Community College. He is the owner and operator of The Ignazio Cuccia Agency and is also active at St. Michael Catholic Church, the Kiwanis Club of Monroe and the Monroe chapter of the American Red Cross. He resides in Monroe.

Vanessa Gerber '07 received the Ruby Award at Soroptimist International of Monroe County's 15th Annual Celebration of Women event in March 2010. The award honors women whose professional or volunteer work helps improve the lives of girls and women. Gerber is a volunteer coordinator for the domestic violence emergency response team through Family Counseling and Shelter Services of Monroe County. Her duties include training DVERT volunteers and explaining to clients the support services available. She resides in Petersburg, Mich.

SHU—Southfield

Pamela Atkinson '95 teaches culinary arts at Lincoln High School in Warren, Mich. She resides in Harrison Township, Mich.

Michael Tucker '04 recently received his master's degree in operations management from Lawrence Tech University. He is currently employed by General Motors and resides in Marion, Ind.



Rhonda Powell '05 has been named the executive director of the Macomb County (Mich.) Rotating Emergency Shelter Team. Powell joins MCREST from the South Oakland Shelter (SOS), where she served as the associate director with responsibility for implementation and management of the Homeless Prevention and Rapid Re-housing Program (HPRP), human resources, grants and financial management. Powell has had positions with Mt. Clemens Community Schools, Kansas City Schools and Edison Schools. MCREST works with more than 88 partner churches around Macomb County to provide food and shelter to individuals and families throughout the year on a rotating basis. Powell lives in Clinton Township with her husband and three school-aged children.

Main Campus

1940s

Sister Germaine Burkhard '48, a retired member of the Servants of Mary religious order, celebrated her 100th birthday March 21, 2010. She is just the third member of the U.S. order to reach the century mark. She taught at various schools across the U.S. In Omaha, Neb., where she currently resides, she taught music at Holy Ghost, St. Rose and Holy Name elementary schools, and also taught in many lowa schools and was involved with a number of literacy programs. She was an academic tutor at Omaha Marian High School before retiring in 1997.

1960s

Anna Moriarty '67 actively helps the Goshen Center for Cancer Care raise money for research. A breast cancer survivor, she helps to organize the Race for Research on Sept. 18 that includes 5K and 10K races and a fun walk. She lives in Goshen, Ind.

Ruth Dalton Scherger '68 earned the Texas Instruments Classroom Teacher Equipment Award for her support and organization at the Kern County Science Fair. Scherger taught in public schools for 20 years and 15 in Christian education, with the last five at Bakersfield Christian (Calif.) High School, where she is also chair of the science department. Her husband, **Roger Scherger '73/MA**, retired in 2001 after teaching accounting for 30 years at Edison Community College in Piqua, Ohio. In 2005 the couple moved to Bakersfield, Calif. On Aug. 1, 2010, they will celebrate their 40th wedding anniversary. They met at Siena Heights in 1967 on a blind date. The couple has two grown sons, Chris, 32, and Benj, 28.

Sheila Kabat '69 recently became vice president at Snowden Associates in Portsmouth, N.H. She will be responsible for assisting companies to develop their leadership, improve their organizations and profitability and assist individuals and organizations with their career and team development. Kabat is an accomplished consultant and human resource professional with extensive and diverse experience in senior leadership roles including those with Wang Laboratories, Hadco and Lee Hecht Harrison, a start-up in Westboro, Mass. Most recently she was with Bruce Mast & Associates in Portsmouth. She is also a 2001 graduate of Leadership New Hampshire and is a collaborator with Business New Hampshire magazine's Best Companies To Work For annual process of recognition since its inception 14 years ago. She also serves as adjunct faculty and thesis advisor at New England College, a professor at Hesser College and facilitator of the Women's Business Center.

1970s

Jeanine Hathaway '70 teaches writing and literature at Wichita State University. She also is an accomplished and published poet, winning the Vassar Miller Prize for Poetry in 2001 and 2002. Her prose includes an autobiographical novel, *Motherhouse* and monthly personal essays for *The Wichita Times*. She published in numerous reviews. In 1993, she received the Wichita State University Regents' Award for Excellence in Teaching. She resides in Wichita, Kansas.

Charlene Williams '71 was nominated for the *Adrian Daily Telegram's* Citizen of the Year Award in early 2010. Williams taught fifth grade at Tecumseh Acres Elementary School for 22 years and two more years at Herrick Park Elementary School before retiring in 1995. She has volunteered the past four years at Herrick Medical Center in Tecumseh, Mich., where she helps at the front desk. She also volunteers at the Tecumseh American Legion post, where she works monthly breakfasts and fish fry events. She has also been president of the board for the Legion Auxiliary. Williams lives in Raisin Township.

Thomas Rudd '74 and his wife, Nan, are showing their artwork at Artists Above the Bridge in Petoskey, Mich., through September. They are also displaying their sculptures, paintings and prints at the Bertin Gallery in Calumet, Mich., in August.

1980s

Byron "Barney" Stickles, '80, '83/MA, '88/MA, is a former Siena Heights Board of Trustee member and was featured by *The Toledo Blade* newspaper in March 2010 for his early work as a telegrapher for several railroad stations during the 1950s and 1960s. More recently, he was employed as a clinical counselor. He is vice president of the Toledo Animal Shelter Association and resides in Maumee, Ohio.

Virginia Kowalski '83 will begin her new duties as supervisor of the Career Technical Education consortium in the St. Joseph County Intermediate School District July 1. Kowalski previously was the director of the William Ford Career-Technical Center in Westland, Mich.

Gina Grattorola Tzirik '84 of Ipswich, Mass., is a painter and the director of a school in Brookline, Mass., near Boston. She returns to Siena Heights each spring to teach the Montessori students and was a long-time friend and colleague of the late Sister Anthonita Porta.

Deborah Mallory Feaster '88 is starting a new program as an interpreter for the deaf at Oakland Community College.

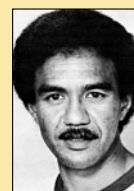
Martin Moreno '88 is a founding member of the Arizona Latino Arts and Culture organization. He is a muralist who has been exhibited at the Phoenix Art Museum. He resides in Laveen, Ariz.

1990s

Linda Jacobs '92, '99/MA has taught art for 22 years at Jackson (Mich.) High School.

Kathryn Schmidt '92 will retire in July as a secretary at Tecumseh Public Schools. She recently published a quilting book entitled "Rule-Breaking Quilts." She resides in Tecumseh, Mich.

Also of Note



Orby Moss Jr., former director of athletics at Siena Heights, was the 29th recipient of the NACDA/NIT Athletics Directors Award in April. The NACDA/NIT Award is presented annually

to an individual who has made a significant contribution to basketball and the National Invitational Tournament. The award launched in 1981-82. Moss, a 2009 NACDA Hall of Fame inductee, began his career in college athletics administration at the University of Wisconsin-Parkside, where he served as assistant athletics director before coming to Siena Heights. He later served as the director of athletics at University of District Columbia, North Carolina A&T State University and Georgia State University. In 1999, Moss became an assistant vice president and AD at Norfolk State University, and in his last year of service, 2005-06, Moss assisted the University of Maryland-Eastern Shore, as director of student retention and support services. During his career, Moss served on the NCAA Olympic Sports Liaison Committee, the Division I Management Council, the Governance Restructuring Subcommittee and the Selection Review Committee.

Rachel Rodriguez '94, '05/MA has been teaching 11th and 12th grade literature and writing courses at Churchill High School since 1998. She also is an adjunct instructor at Wayne State University in Detroit, Mich., since 2008. She resides in Ypsilanti Township, Mich.

Christi Ferguson Pavlovics '96 has taught 12 years at Deckerville (Mich.) High School. Her recent battled with cancer has not slowed her teaching duties. She is currently the yearbook advisor, coaches softball and serves on the district's alternative education committee and athletic council.

Stay In Touch!

Send us your notes, photos, letters, emails and phone calls. We welcome updates from graduates of all SHU locations.

Contact the Alumni Office with news: Call (517) 264-7143 or (800) 693-0506, email alumni@sienaheights.edu, or snail mail to:

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Amy Tanton Edwards '98 graduated from law school in December 2009. She accepted a position with the U.S. Army's Judge Advocate General (JAG) Corps, which is the oldest law firm in the nation.

2000s

Amy Palmer '00 was hired as the executive director of Lenawee United Way June 1. Palmer was a community investment manager for the United Way since 2007, and was the school relations coordinator for the Lenawee Intermediate School District from 2002-07. She replaces **Sister Kathleen Schanz, OP, '78/MA**, who is leaving to take a position of leadership with the Adrian Dominican Sisters. Palmer and her husband, Jeremy, reside in Adrian.

Brooke Hine '00 was named one "Five Philly Artists that will make you Rich" by Philadelphia Magazine. Hine is exhibiting in a few shows and also is curating/coordinating in several others. Examples of her work can be viewed at www.brookehine.com. She resides in Philadelphia.

Elisa Barron '01 has managed several picture framing shops over the past several years is currently employed at an independent book store. She also sells her artwork at local galleries in St. Ignace and Petoskey. She resides in Petoskey, Mich.

Amanda Gildea '02 married John Kakoczki May 30, 2009, at the First United Methodist Church in Kalamazoo, Mich. The bride is a project coordinator with CSM Group.

Linda Yarick '03/MA recently started in executive coaching and consulting and is a substitute teacher who is working on her PhD in industrial organization psychology. She resides in Blissfield, Mich.

Orion Martinez '04 was promoted to branch manager as of July 14 for JPMorgan Chase Bank in Sacramento, Calif., where he currently resides.

Christopher Matthias '04 is employed as coordinator of Corporate Responsibility by the Adrian Dominican Sisters. He resides in Adrian, Mich.

Jacob Goetz '06 married Holly Pennington Jan. 1, 2010, at St. Stephen Lutheran Church in Adrian, Mich. The bridegroom works as an inspector for the Lenawee County Drain Commission's engineering department. After a honeymoon to Edisto Island, S.C., the couple lives in Blissfield, Mich.

Christina Sweetland '06/MA is a mental health clinician for Memorial Hospital in Fremont, Ohio. Sweetland has been a therapist for more than five years, counseling individuals, couples, groups and families, including adults, adolescents and youth. She also facilitates support groups, administers diagnostic assessments and works in crisis intervention situations. In addition to her experience and degrees, Sweetland has received training in eating disorders, early childhood intervention and assessment, adoption, dialectical and cognitive behavioral therapies and family strengthening. She resides in Fremont, Ohio.

Courtney Caldwell '07 married Paul Bogden Oct. 24, 2009, at First Baptist Church, Monroe, Mich. The bride is a long-term substitute teacher at Monroe High School. After a honeymoon to Gulf Shores, Ala., the couple resides in Temperance, Mich.

Stephen McQuinn '08 started in November 2009 as a contract engineering recruiter with Aerotek, Inc., in San Antonio, Texas. Aerotek is the largest privately held recruiting agency in the country. McQuinn specializes in recruiting and placing skilled technical professionals in engineering, design, drafting and technical positions with the world's leading aerospace, defense, medical device, architectural, engineering, electronics and manufacturing companies. He resides in San Antonio.

Rachel Shears Bloom '08 is employed with Alverno Clinical Laboratories in Hammond, Ind. She and her husband, Adam, reside in Merrillville, Ind.

Brian McCary '09 married Beth Pickney Sept. 26, 2009, at the First Christian Church, Adrian, Mich. The bridegroom is a program instructor at Hope Network. The couple resides in Adrian, Mich.

Joanie Peck '09/MA is a sixth grade teacher at Hillsdale (Mich.) Community Schools. She was married in 2008 and the couple had their first child in September 2009. She resides in Waldron, Mich.

Deaths

Alumni

Marjorie Jean Nunn Kluck '44
Agnes Cummins Davis '50
Claire Forsthoefel Dana Amsler '51, '78
Sister Lorraine Marie Mackin, OP '51
Sister Helen McDaniel, OP '51
Sister Mary Louise Pepon, OP '51
Ann Abrams '52
Virginia Turnwald '52
Sister Jacquelyn Ann Murray '54
Cynthia Theisen '60
Margaret "Peggy" Noack '65
Victoria Spreitzer '68
John Knox '77
The Rev. Dolores Clark '80
Ronald Elam '81
James Graves '00
Rachel Campbell '02



Susan Conley Weeks '67, a longtime SHU faculty member and director of the Theological Studies Program, died March 2, 2010, after a long battle with cancer. She was 68. The professor of Religious Studies also served as an assistant dean at Siena Heights. In 2007 she was named Professor Emerita.



Siena Scenes: Commencement 2010

Opposite Page Top—SHU conducted its Adrian commencement ceremonies May 9 in the Fieldhouse. Graduates were all smiles on the picture-perfect day.

1—The first RN to BSN Nursing class students received their degrees, marking a historic moment for Siena Heights and SHU Nursing Director Dr. Sue Idczak (third from left).

2—Graduate Connor Brady (right) takes a moment before walking to the stage to receive his degree and get congratulations from faculty members Ellie Teunion-Smith (left) and Sally Rae (middle).

3—Father Peter Dougherty (middle) received the prestigious Siena Medal during the commencement ceremony for his efforts to promote peace. SHU President Sister Peg Albert (left) and Board of Trustees Chair Judge Margaret Noe (right) share a moment with him before the ceremony.

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— Judy Wernette '89, Development Consultant, Strategic Partners, Inc.

For more information on The Heritage Society, call the Advancement Office at (800) 693-0506, or email us at advancement@sienaheights.edu.



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