



SIENA HEIGHTS UNIVERSITY **UNDECIDED**

Siena Heights University • 1247 East Siena Heights Drive • Adrian, MI 49221

www.sienaheights.edu



You've decided to go to college, but you're not sure which major is right for you. Do the words "undecided," "exploring," "need time to focus," or "everything looks good" sound right to you? Don't worry, you're not alone. Many new freshman and transfer students enter Siena Heights without knowing what their major will be. Some students did well in school, but nothing grabbed their interest. Others were at the top of their class and every major looked good. By choosing Siena Heights as your university, you'll be making the first step in narrowing down the dizzying array of choices.

Your Career Assessment Process

1. Who am I?

Identify your weaknesses, strengths, interests, skills, values, and personal traits.

2. What are my options?

Explore the full range of career and school options available to you before making any further decisions.

3. What is my goal?

You need to decide what you want to do based on the best options compared to your strengths and interests.

4. How do I get there?

This is the plan of action where you use your network of family, employers, faculty, friends and staff to obtain the best job or graduate school for you.



Academic Advising

This office is a starting point for prospective and current students who are still exploring their academic options. Let our qualified and professional team of advisers help you figure out what you want to do – and how you can do it. There is a degree path for every student – and we will help you discover it!

While you are still deciding your academic game plan, we can provide assistance and support in the following areas:

- **Academic Advising**
- **Career Services**
- **First Year Experience**
- **Student Support**
- **Writing Center**



Career Services

It's never too early to start thinking about what you are going to do after graduation. In fact, once that decision is made, it may help put you on the right academic path to achieve that goal. The primary mission of the Career Services Office is to provide students assistance with identifying a career, developing a professional plan, evaluating and implementing career choices and creating a professional image. Career Services will assist students with engaging in self-assessment; obtaining occupational information; exploring employment, graduate and professional school opportunities; and professional preparation including presenting themselves effectively as candidates. Career Services is committed to providing personal attention to students needing assistance in all aspects of their career path.



First Year Experience

Let us help you adjust to the college educational and social environment. Freshmen students at SHU will begin their liberal arts and integrative experience by participating in the First Year Experience. FYE is a comprehensive program of events and activities that assists students in familiarizing them with Siena Heights. It also helps them develop the necessary skills to thrive in SHU's liberal arts environment. FYE not only links incoming students with the institution, but also with faculty, staff and incoming and current students. FYE will introduce students to the school's mission, Dominican tradition, the liberal arts program and the expectation of the learning community at Siena.



Student Support Services

Siena Heights University has a long and successful history of educating first-generation college students. Part of that history includes Student Support Services, a federally funded program on our Adrian campus. SSS provides opportunities for academic development, assists students with basic college requirements and serves to motivate students toward the successful completion of their postsecondary education. The goal of SSS is to increase the college retention and graduation rates of its participants and help students make the transition from one level of higher education to the next.

Additional Academic Support

At some larger schools, you could be left to wander aimlessly from major to major until you accidentally find the right one. Siena's majority of undecided students use our network of faculty, introductory classes and career services to make an intelligent choice that fits their personality, talents and interests.

Many intro classes at Siena Heights have an extra component that you might not find at other schools. Our faculty make a conscious effort to include information about career choices in introductory level classes. While you're taking an introductory class to fill a general education requirement, a presentation about career options for majors in that field could spark your interest in that program as a major. Some classes also involve hands-on activities and research. Hands-on work, at an early level, can help you narrow your choices sooner rather than later.

All majors require students to take general education classes. These courses expose students to a broad range of ideas and potential career fields. As an undecided student, it's important for you to work on general skills during these classes. Today's employers generally want graduates who have excellent communication skills – both written and oral – strong interpersonal skills, a sense of good work ethic, as well as a willingness to adapt to change and take risks when needed. Focusing on these skills will increase your career options and help you with career advancement opportunities.



Writing Center

Being able to write is fundamental to completing a college degree. Siena Heights recognizes this, and offers a fully staffed Writing Center as a resource to our students. The Writing Center has regular hours during the academic year and is ready to assist students in developing the skills needed to not only succeed in the classroom, but also in their future career paths.

