# MEDICAL EMERGENCY

- Treat the injured
  - A (check airway) B (check breathing) C (check circulation)
  - For bleeding apply pressure and elevate
- Report all medical emergencies, accidents, injuries to Campus Public Safety
- Adrian Campus – Public Safety has AED's (defibrillators), Public Safety Officers are certified in CPR, First Aid and AED
- For unconsciousness: if possible do not move the victim. Keep the victim warm but not hot. If the victim is vomiting, turn him/her on their side using a barrel roll; keep his/her mouth clear, use rescue breathing/CPR if needed
- For shock (victim is pale, cold, sweaty with weak rapid pulse) lay victim flat, administer first aid, cover the victim – do not overheat
- For heat stroke (victim stops sweating, is very red and hot, and has a rapidly rising temperature) get the victim to shade and cool the victim down with wet cloths, if the victim is conscious, give him/her water
- For stings: remove stinger, apply a cold compress to the victim, if the victim is allergic or develops difficulty breathing call 911 or on the Adrian Campus 517-264-7800
- For choking apply the Heimleck maneuver, if unsuccessful or the victim is unconscious call 911 or on the Adrian Campus 517-264-7800, if needed apply rescue breathing/CPR

## Handling alcohol emergencies:

A potentially dangerous situation exits whenever an individual consumes too much alcohol. A high blood alcohol concentration level can result in bizarre, unpredictable behavior and/or unconsciousness. Too high of a blood alcohol concentration level can result in death. The degree depends on the person's size, what and how much the person drank, during what time period, whether the person took drugs in addition to alcohol and other circumstances.

## Get help immediately if…

- The person cannot be aroused by shaking or shouting
- The person's breathing is shallow, irregular or slowed to less than seven breaths per minute
- The person sustained a blow to the head or any injury that caused bleeding
- The person drank a large quantity (e.g. a pint of liquor) or is disoriented, incoherent or has collapsed

**Call 911 or on the Adrian Campus Public Safety 517-264-7800 if a person has lost consciousness because of excessive alcohol use. Meanwhile:**

- Check regularly for breathing and consciousness. Roommates and friends should arrange to stay by the person's side
- The person's position is important. Make sure the person is lying in his/her side, with knees bent. This position will deter choking should the person vomit. Warning: care should be given in moving an unconscious victim who may have a back and/or neck injury
- If the person vomits, stay with him/her to see that he/she does not swallow or breathe in the vomit. Get immediate help if the person has difficulty expelling the vomit or gags on it

**Rule of thumb: if you are not sure what to do, but you think the person needs help, call 911 or on the Adrian Campus 517-264-7800.**

**EMERGENCIES at Siena Heights**

*From a Campus Phone*: Call **9-911** or Ext **7800** (Public Safety)

*From a Cell Phone*: Call **911** or **(517) 264-7800** (Public Safety)

*SHU Tips*: Text **"SHUTIPS"** and your message to **50911**

**Provide the Location, Nature of Emergency, Who You Are & Any Other Relevant Information**

**SHU Alerts**

Sign up to receive emergency text message services for students, parents, faculty/staff & the community by visiting our website or by:

*texting* **ADRIAN** *to* **79516**